



Republic of the Philippines
Department of Education
Region XI
SCHOOLS DIVISION OF DIGOS CITY
Digos City



Office of the City Schools Division Superintendent Telefax No.: 0825538396; 0825538376
Email: www.sdsdigos@yahoo.com

DIVISION ADVISORY NO. 104 s. 2017

TO : Public Schools District Supervisors
Elementary/Secondary School Principals (Private & Public)

FROM : **WINNIE E. BATOON, Ed.D.**
Officer In-Charge
Office of the Schools Division Superintendent

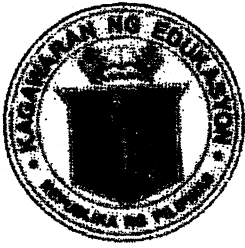
SUBJECT : **MILO LITTLE OLYMPICS**

DATE : September 5, 2017

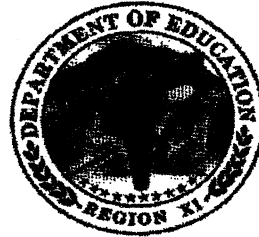
1. Attached is Regional Advisory No. 068, s. 2017, dated August 17, 2017 concerning the letter from RD Allan G. Farnazo, Chairman, Milo Mindanao 2017 which invites all private and public schools of DepEd Region XI to participate in the 21st Edition of MILO Little Olympics Mindanao 2017 on September 15-17, 2017 at Don Gregorio A. Pelaez, Sr. Memorial Sports Center, Cagayan de Oro City.
2. This Office interposes no objection to the above activity provided that the policy of "No Disruption of Classes" per DepEd Order No. 9, s. 2005 entitled "*Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*" is observed. Participation is voluntary and on Official Time only, and that no DepEd or Public School funds be utilized for this purpose.
3. Details of the said activity are contained in the enclosures.
4. Immediate and wide dissemination of this Advisory is desired.

DepEd Schools Division of Digos

RELEASED
8698
Date: **SEP 05 2017** Time: 4:40 pm
By:



Republika ng Pilipinas
KAGAWARAN NG EDUKASYON
REHIYON XI
Lungsod ng Dabaw
Tanggapang Panrehiyon



Address: F. Torres Street, Davao City (8000)
Internet Address (URL): www.region11.deped.gov.ph/
Telefax Nos. (082) 227-1102; 221-8458; 221-8428; 227-0843; 227-8025; 222-2617; 227-0841; 221-1210; 221-8435; 227-9342; 221-6147

REGIONAL ADVISORY NO. 668, s. 2017

To : Schools Division Superintendent

Subject : MILO LITTLE OLYMPICS

Date : August 17, 2017

1. Herewith is a letter from RD Allan G. Farnazo, Chairman, Milo Mindanao 2017, inviting all private and public schools of DepEd Region XI to participate in the 21st Edition of MILO Little Olympics Mindanao 2017 on September 15-17, 2017 at Don Gregorio A. Pelaez, Sr. Memorial Sports Center, Cagayan de Oro City.
2. This Office interposes no objection to the above activity provided that the policy of "No Disruption of Classes" per DepEd Order No. 9, s. 2005 entitled "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith" is observed, participation is voluntary and on Official Time only, and that no DepEd or Public School funds be utilized for this purpose.
3. Details of the said activity are contained in the enclosures.
4. Immediate and wide dissemination of this Advisory is desired.


ATTY. ALBERTO T. ESCOBARTE, CESO III
Director IV

Incl.: as stated
ROC11/arpjr/clmd

DEPARTMENT OF EDUCATION - RONI
RECEIVED
DATE: 08-17-17
BY: [Signature]
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21ST Edition MILO Little Olympics Mindanao 2017

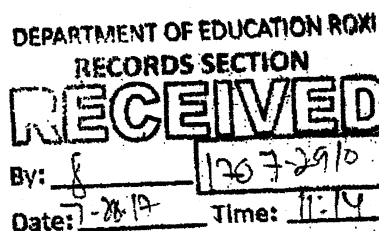
September 15 – 17, 2017

Pelaez Sports Center
Cagayan de Oro City



July 14, 2017

The Regional Director
DepEd Region 11
Davao City



Dear Sir/Madam :

Greetings for Peace, Love and Unity!

We are pleased to inform all DepEd Officials of the entire mindanao that the 21st Edition of MILO Little Olympics Mindanao 2017 will be held at the Don Gregorio A. Pelaez, Sr. Memorial Sports Center, Cagayan de Oro City on September 15 – 17, 2017.

The MILO Little Olympics is the Developmental version of the Summer Olympic Games and is open to school - based Teams comprising of male or female students, in the Elementary and Secondary levels of public and private schools in the Philippines. Individuals or sports clubs are not qualified.

The MILO LITTLE OLYMPICS features (15) sporting events :

OLYMPIC EVENTS

- | | |
|------------------------------|-------------------------------|
| 1. Arnis - Anyo (Boys/Girls) | 9. Scrabble (Mixed) |
| 2. Athletics (Boys/Girls) | 10. Sepak Takraw (Boys) |
| 3. Badminton (Boys/Girls) | 11. Swimming (Boys/Girls) |
| 4. Basketball (Boys) | 12. Table Tennis (Boys/Girls) |
| 5. Chess (Boys/Girls) | 13. Taekwondo (Boys/Girls) |
| 6. Football (Boys) | 14. Tennis (Boys/Girls) |
| 7. Gymnastics (Girls) | 15. Volleyball (Boys/Girls) |
| 8. Karatedo (Boys/Girls) | |

In strengthening, the school sports development program, this office encourages schools to participate in the 2017 MILO Little Olympics Mindanao. This participation shall be a potent training ground for Athletes aspiring higher avenue in sports in response to Article 1 Sec. 2 of Republic ACT No. 10588, that " the state shall promote physical education and encourage sports programs, league competition and amateur sports including training for National and International Competitions" DepEd Order No. 8, s. 2013 and DepEd Advisory No. 74, s. 2017 dated april 4, 2017. However, the games will be played during Saturday and Sunday to avoid disruption of classes.

ATTRACTIVE INCENTIVES TO BE AWARDED FOR INDIVIDUAL AND TEAM WINNERS ARE:

- ❖ Gold, Silver, Bronze medals for individual and team members both elementary and secondary.
- ❖ Cash and plaques for schools for the 1st to 10th places both elementary and secondary.
1st - Php 40,000.00 2nd - Php. 20,000.00 3rd - Php. 10,000.00
4th - Php 5,000.00 5th to 10th place - Php. 3,000.00
- ❖ Cash prizes during the opening parade and program both Elementary/Secondary.

Biggest School Delegation:

1st - Php. 5,000.00 2nd - Php. 3,000.00 3rd - Php. 2,000.00

Loudest Cheer:

1st - Php. 3,000.00 2nd - Php. 2,000.00 3rd - Php. 1,000.00

Best in Marching with Saludo:

1st - Php. 3,000.00 2nd - Php. 2,000.00 3rd - Php. 1,000.00

Most Discipline School:

1st - Php. 3,000.00 2nd - Php. 2,000.00 3rd - Php. 1,000.00

Cheer Dance:

1st - Php. 15,000.00 2nd - Php. 10,000.00 3rd - Php. 5,000.00

Miss MILO Little Olympics 2014:

1st - Php. 5,000.00 2nd - Php. 3,000.00 3rd - Php. 2,000.00

In this connection, the undersigned is cordially inviting your schools in your region to participate this year MILO Little Olympics in the City of Golden Friendship.

Attached are the 2017 MILO Little Olympics Mindanao Rules and Regulations for information and consideration.

Thank you very much.

Very truly yours,


ALLAN G. BARNAZO, Ph.D.
Regional Director, DepEd R - X
Chairman, MLO Mindanao 2017 

DepEd Advisory No. 74, s. 2017

April 4, 2017

In compliance with DepEd Order No. 8, s. 2013
this Advisory is issued for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

MILO® EVENTS FOR 2017

The Nestle Philippines Inc., maker of MILO® will conduct the following major sports events for 2017:

1. MILO® Summer Sports Clinics (MSSC)

This is a sports program for kids that teaches the fundamentals of the following popular sports activities:

- | | | |
|----------------|------------------|---------------|
| 1. Badminton | 8. Karate | 15. Triathlon |
| 2. Basketball | 9. Swimming | 16. Golf |
| 3. Bowling | 10. Table Tennis | 17. Fencing |
| 4. Chess | 11. Taekwondo | 18. CrossFit |
| 5. Football | 12. Tennis | 19. Futsal |
| 6. Gymnastics | 13. Touch Rugby | 20. Parkour |
| 7. Ice Skating | 14. Volleyball | 21. Yoga |
- } (new sports)

The MSSC aims to provide an active summer experience full of fun and excitement while kids learn to develop essential values in life. A team of credible coaches will conduct the training in about 800 venues all over the country during the summer months of April and May.

2. National MILO® Marathon (NMM)

On its 41st year, the NMM continues to encourage Filipinos to get into an active and healthy lifestyle through running. The event will have qualifying races in 17 cities nationwide with one national final race in Cebu City. There will be four categories (3K, 5K, 10K, and 21K) for the regional races and five categories (3K, 5K, 10K, 21K, and 42K) for the Manila leg and National Finals. The National MILO® Marathon will kick off in Urdaneta, Pangasinan on July 16, 2017 and will culminate in Cebu City on December 3, 2017. The National Finals will be held in the following venues with respective dates:

Venue/Host City	Date	Venue/Host City	Date
1. Urdaneta	July 16, 2017	10. Imus	September 17, 2017
2. Laoag	July 23, 2017	11. Tagbilaran	September 24, 2017
3. Pasay	July 30, 2017	12. Roxas	October 1, 2017
4. Angeles	August 6, 2017	13. Iloilo	October 8, 2017
5. Tarlac	August 13, 2017	14. General Santos	October 29, 2017
6. Antipolo	August 20, 2017	15. Davao	November 5, 2017
7. Naga	August 27, 2017	16. Butuan	November 12, 2017
8. Lucena	September 3, 2017	17. Cagayan De Oro	November 19, 2017
9. Lipa	September 10, 2017	18. Cebu	December 3, 2017

3. MILO® Little Olympics (MLO)

The MLO is an annual interschool, junior sports competition where school teams compete in several sports events. On its 30th year, the program aims to discover and develop local student-athletes as well as to instill in them positive values such as discipline, sportsmanship, and teamwork, early in their life. This 2017, an estimated 24,000 young student-athletes from different parts of the country will compete in the MLO to be held on the following dates with respective venues/host cities:

Date	Cluster	Host City
September 1-3, 2017	North and Central Luzon	Baguio
September 8-10, 2017	Visayas	Cebu
September 15-17, 2017	Mindanao	Cagayan de Oro
September 22-24, 2017	NCR and South Luzon	Marikina

All regional directors, schools division superintendents, and heads of both public and private elementary and secondary schools are encouraged to support and participate in these events.

More information may be inquired from Mr. Robbie De Vera, MILO® Sports Executive, Beverages Business, Nestle Philippines Inc., Nestle Center, 31 Plaza Drive, Rockwell Center, Makati City at telephone no. (02) 891 local 6729 or mobile phone no. 0917-582-4308, or through email address: robertdevera@ph.nestle.com, or website address: www.milo.com.ph.

2017 MILO LITTLE OLYMPICS RULES AND REGULATIONS

- The MILO LITTLE OLYMPICS is the DEVELOPMENTAL version of the Summer Olympic Games and is open to school - based teams comprising of male or female students, in the elementary and secondary levels of public and private schools in the Philippines. Individuals or sports clubs are not qualified.

- The MILO LITTLE OLYMPICS features (15) sporting events :

	EVENTS	PLAYING VENUES	NUMBER of PLAYERS	NUMBER OF PLAYING DAY/S	
1	ARNIS (B/G)	LIMKETKAI 2 ND FLOOR EVENT CENTER	4 + 1 COACH	1	SATURDAY
2	ATHLETICS (B/G)	PELAEZ SPORTS CENTER	12 + 1 COACH	2	SAT. & SUN.
3	BADMINTON (B/G)	GUSA SHUTTLE SQUARE	4 + 1 COACH	2	SAT. & SUN
4	BASKETBALL (BOYS)	NAZARETH COVERED COURT (ELEM.)	12 + 1 COACH	2	SAT. & SUN
		XAVIER UNIVERSITY MAIN (SEC.)	12 + 1 COACH	2	SAT. & SUN
5	CHESS (B/G)	2 nd Floor GREEN LANE LIMKETKAI Center , CDOC	4 + 1 COACH	2	SAT. & SUN
6	FOOTBALL (BOYS)	WEST RIDGE PARK, CARMEN (ELEM. & SEC.)	12 + 1 COACH	2	SAT. & SUN
7	GYMNASTICS (GIRLS)	CORPUS CHRISTI SCHOOL GYM	4 + 1 COACH	1	SUNDAY
8	KARATEDO (B/G)	LIMKETKAI 2 ND FLOOR EVENT CENTER	4 + 1 COACH	1	SUNDAY
9	SCRABBLE (MIXED)	MOGCHS CANTEEN 2 ND FLOOR	4 + 1 COACH	1	SATURDAY
10	SEPAK TAKRAW (BOYS)	XUGS - MACASANDIG	4 + 1 COACH	2	SAT. & SUN
11	SWIMMING (B/G)	PELAEZ SPORTS CENTER	10 + 1 COACH	2	SAT. & SUN
12	TABLE TENNIS (B/G)	LIMKETKAI 2 nd Floor WEST CONCOURSE & 2 nd Floor EVENTS CENTER	4 + 1 COACH	2	SAT. & SUN
13	TAEKWONDO (B/G)	CORPUS CHRISTI SCHOOL GYM	1 ENTRY PER CATEGORY + COACH	1	SATURDAY
		PELAEZ SPORTS CENTER (SEC.)	4 + 1 COACH	2	SAT. & SUN
14	TENNIS (B/G)	NAZARETH TENNIS COURTS (ELEM.)	4 + 1 COACH	2	SAT. & SUN
15	VOLLEYBALL (B/G)	XAVIER UNIVERSITY MAIN (SEC.)	12 + 1 COACH	2	SAT. & SUN
		X.U.H.S. PUEBLO (ELEM.)	12 + 1 COACH	2	SAT. & SUN

- Competitions are divided into two (2) levels :

A. Level 1 - 12 and under division for Elementary Students (Grades 1 - 6, ages 7 - 12).
CUT - OFF DATE 2005

B. Level 2 - 16 and under division for Secondary (Grades 7 - 10) provided they will meet the age cut - off DATE 2001

- A SCHOOL MUST ENTER IN A MINIMUM OF THREE (3) EVENTS SPORTING EVENTS PER LEVEL IN ORDER TO BE ACCEPTED IN THE MILO LITTLE OLYMPICS.

- Interested teams are required to pay a non - refundable entry fee per team entry, per sport, per level.
ENTRY FEE PER SPORT:

Arnīs - Anyo (Boys/Girls)	Gymnastics (Girls)	Sepak Takraw (Boys)
Athletics (Boys/Girls)	Karatedo (Boys/Girls)	Swimming (Boys/Girls)
Badminton (Boys/Girls)	Lawn Tennis (Boys/Girls)	Table Tennis (Boys/Girls)
Chess (Boys/Girls)	Scrabble (Mixed)	Taekwondo (Boys/Girls)

Basketball (Boys)	Football (Boys)	Volleyball (Boys/Girls)	CheerDance
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- New Athletes are required to submit the following:

- 1 Original copy of NSO and 1 Photocopy
- 1 Photocopy of Passport for Athletes who are not Natural born Filipino Citizen
- 1 Photocopy of form 137
- 3 pcs. 2x2 ID picture each Athlete

For Athletes who played last year's MILO Little Olympics Mindanao 2016 submit the following:

- a) 1 Photocopy of NSO
- b) 1 Photocopy of Passport for Athletes who are not Natural born Filipino Citizen
- c) 1 Photocopy of Form 137
- d) 3 pcs. 2x2 ID picture of each Athlete

For each Old and New Athletes you are required to give 1 kg of Empty MILO pack or any of these following:
 ➤ 3 pcs. of 600 grams, 4 pcs. of 300 grams, 6 pcs. of 220 grams, 13 pcs. of 80 grams or 46 pcs. Of 22 grams Empty MILO sachet.

Coaches are required to attached 1 2x2 ID picture at the bottom of Athletes Gallery form.

7. All participants must seek their parent's/guardian's consent and fill out the portion in the registration form where the parent/guardian, physician and school head/team coach are required to sign. Registration form may be photocopied if necessary.

8. Individuals/teams who fail to complete the required documents on the set deadline shall automatically be disqualified by the Event Organizer.

NOTE: REGISTRATION IS ON A FIRST-COME, FIRST - SERVED BASIS. ONLY SCHOOL TEAMS WITH COMPLETE REQUIREMENTS WILL BE ACCOMODATED. Both Elementary and Secondary Levels.

- 1. Basketball is limited to 16 teams only.
- 2. Football is limited to not more than 20 Teams.
- 3. Volleyball is limited to not more than 20 Teams.

REGISTRATION OFFICE:

a) August 1 - 14, 2017

All schools, coaches and sports coordinators will register at MILO sub-office, 178 Belen Jongko St., Apovel Subd., Bulua, CDOC. (see MILO streamers along the road).

b) Aug. 15 to Sept. 10, 2017

Registration office is transferred inside the Pelaez Sports Center.

9. The Schedule of Activities will be as follows :

September 14, 2017

1:00 PM

Preliminary Selection of MISS MILO 2017 @ Limketkai Rotonda, Cagayan de Oro City.

September 15, 2017

7:00 AM

Solidarity Meeting @ the Pelaez Sports Center, Main Grandstand to be attended by all Officials, Coaches and Sports Coordinator.

1:00 PM

Assembly of Parade. Participated in by both Elementary & Secondary Athletes and delegation Officials.

1:30 PM

Presentation of the different groups.

2:00 PM

Start of Parade.

3:00 PM

Opening Ceremonies.

4:00 PM

Final Judgment of MISS MILO 2017.

4:30 PM

Cheer Dance Competition / Awarding of side events.

Sept. 16 - 17, 2017

Actual Games in different Playing Venues.

September 23, 2017

1:00 PM

Closing Ceremonies will be conducted @ Limketkai Rotonda, CDOC. Heads of School of Top 10 Schools of Elementary & Secondary are requested to attend, schools near Limketkai Center may include their School Officials, Athletes.

10. The Sponsor and Event Organizer will not be held responsible for any or all injuries an athlete may sustain before, during and after competition. However, in case of injuries, first-aid will be provided for the participants during the competition.

11. Gold, Silver, and Bronze medals will be awarded to winning individuals/including coaches.
12. In case of typhoon or other natural calamities, the Event Organizer shall have the right to determine whether all games will be canceled or moved to a later date with due notice to the heads of schools or authorized coaches.
13. Event Organizer reserves the right to modify any of the above rules and regulations as it deems necessary to ensure the success of the **MILO LITTLE OLYMPICS**.
14. Student - Athletes found to have violated the Eligibility Rules shall be prohibited from participating in all future MILO events. The player forfeits his/her standing in the individual events, or in case of team events, his/her team forfeits all games he/she had played on.
15. The Event Organizer reserves the right to accept or deny participants, and modify any of the above rules and regulations, as it deems necessary to ensure the success of the MILO Little Olympics.
16. Knock down system is to be applied in sporting events.
17. A non - refundable protest fee in the amount of ₱ 5, 000.00 shall be charged together with the written protest and the physical evidence before any action from the Tournament Manager.
18. Reservation of Billeting Quarters Boy Scouting way, bring your own bedding's - state number of rooms needed for Boys/Girls/Mixed. Billeting quarters are as follows: **MOGCHS, City Central School, West City Central School, Cagayan de Oro Nat'l. H.S., East City Central School.**

Registration Schedule:

August 1 to 14, 2017 -	Medin Unlimited Office, 178 Belen Jongco St., Apovel Subd., Bulua CDO City (see MILO Streamers / along the concern streets)
August 15 to Sept. 10, 2017 -	Registration will be transferred @ Pelaez Sports Center Velez St., Cagayan de Oro City. Last Day of Registration & Completion of needed requirements is on <u>September 10, 2017</u> . NO EXTENSION.

REGISTRATION FEE MAY BE PAID THRU THE FOLLOWING:

1. BDO Account Number : _____
2. LBC _____ under this name: **MEGDONIO R. LLAMERA**
3. Mhuiller _____ 0917-912-2857
4. Palawan Express _____ Cagayan de Oro City

(Payments thru' LBC, Mhuiller and Palawan Express, must put the name of the School/Name of Person as the sender. Eg. Our Lady Perpetual Parochial School/Mr. Juancho Olivares. Attached a photocopy of your BPI Deposit receipt /Sender receipt to the athletes folder you will submit.)

Office of the Secretariat

Megdonio R. LLamera	-	MLO Mindanao Organizer	-	09179122857
	-	medin032060@gmail.com	-	
Ignacia G. LLamera	-	Chairman Secretariat	-	09052867111
	-		-	09087509397
Russell P. Galgao	-	09161525965	-	
Hemeline Y. Morales	-	09277833613	-	
Angelita Ybanez	-	09361346902	-	

NOTE : Regional Directors/Superintendents were sent communications of MILO Little Olympics Mindanao 2017.

PREPARED BY :


MEGDONIO R. LLAMERA
 Organizer, MLO Mindanao - 2017

I. ARNIS

The International rules and the MILO ground Rules in the Arnis – Anyo demonstration sport shall govern the conduct of this event in the Regional Milo Little Olympics. This event shall be done in the Regional Level Only.

I.1 Participants:

There shall be three (3) participants for both Elementary and Secondary Boys & Girls. As a demo sport, limited teams shall be accepted in this first endeavor.

Composition: Three (3) players who will qualify in the screening age requirements for both boys and girls elementary and secondary level.

I.2 Anyo Competition:

Elementary (Boys/Girls Category)

- A. Individual ESPADA Y DAGA - 1 player per individual category
- B. Team (Synchronized) Likha Anyo SOLO BASTON - 3 players per team category
- C. Team (Synchronized) Likha Anyo DOUBLE BASTON - 3 players per team category

Secondary (Boys and Girls category)

- A. Individual ESPADA Y DAGA - 1 player per individual category
- B. Team (Synchronized) Likha Anyo SOLO BASTON - 3 players per team category
- C. Team (Synchronized) Likha Anyo DOUBLE BASTON - 3 players per team category

I.3 Costume:

For the Anyo competition, it is required that the participating schools must use the the Arnis uniform (white t-shirt and red pants).

I.4 Weapons:

A player may have the option to choose any of the following weapons (with a minimum length of 24 inches and a maximum length of 36 inches.)

1. Wooden stick/yantok – The cane (stick) made of wood or rattan should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches.) with a diameter of 1.3 – 3.8cms
2. Wooden Replica of a Bladed Weapon – The wooden replica should measure not less than 60cm.(24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin.
3. Metallic Unbladed Replica of a Bladed Weapon – The metallic replica should measure not less than 60cm. (24 inches) and not more than 90cm. (36 inches) in full length and should be ethnic Filipino in origin.
4. Metallic Unbladed of a replica of a bladed sword and a dagger – The metallic replica of the sword should measures not less than 60cm. and not more than 90cm. in length and the dagger should measure not less than 20cm. and not more than 31cm.

I.5. Determining the Winner in Anyo competition

There shall be five (5) judges and the total score of the five (5) Judges shall be added to determine the score obtain the performer which will be added together.

I.6 Tie Breaking

In case of tie, the highest and the lowest score of the five (5) Judges shall be eliminated, hence, the score of the remaining three (3) judges shall be determined to break the tie.

In case of another Tie: Repeat performance

The ranking of participants is based from the net score obtained which is determined deducting all identified point deduction/s committed if any in accordance with the rules.

I.7. Conduct of the Tournament:

1. The conduct of the competition shall be one (1) round Anyo performance for both Secondary and Elementary level (boys/girls)
2. Each performance shall have a minimum of one (1) minute and a maximum time two (2) minutes. The official time shall start when the player/team gives the courtesy (Pugay) and it shall officially ended when the player/teams gives the courtesy (Pugay).
3. The Likha Anyo performance both in Secondary and Elementary level shall be on Arnis skills.
4. No acrobatic/fancy movement such as tumbling, back flip, somersault, cartwheel and other combative discipline skills will be incorporated during the performance of anyo.

PENALTIES AND VIOLATIONS

1. Violation of time limit shall cause the participant/s deduction of points. A deduction of two (2) points should be given for short of the minimum one (1) minute time or in excess of the maximum two (2) minutes time limit.
2. Stepping and/or going out of the boundary lines will cause the performer/s a deduction of two (2) points regardless of number of stepping violation.
3. Performers who accidentally loses grip of the weapon/s should be given a deduction five (5) points for every violation.
4. Failure to execute the standard pugay at the start/end of performance would measure (5) point's deduction

OTHER MATTERS:

1. Official coaches/chaperons listed on the gallery are allowed to sit coaches designated chair for coaching, when his/her athletes where simultaneously in two (2) different court during the competition.
2. Official coaches must observe proper attire during the competition. No short pants, sando and slippers will be allowed.
3. Official coaches must observe proper decorum during the competition.
4. The Technical Committee shall decide on all other queries/issues not in the Ground rules.
5. Judgement calls cannot be protested.

KARATE (Individual Kumite)

Competition rules of the World Karate Federation (WKF) (see website) will apply with the following modifications:

I. Events: (Individual Kumite Events)

MILO GRADE SCHOOL HEIGHT CATEGORIES FOR GRADE 1 - 6 SEPARATE BOYS AND GIRLS

Grade 1 & 2: Under (-) 122 centimeters
Over (+) 122 centimeters

Grade 3 & 4: Under (-) 133 centimeters
Over (+) 133 centimeters

Grade 5 & 6 Under (-) 144 centimeters
Over (+) 144 centimeters

MILO HIGH SCHOOL WEIGHT CATEGORIES FOR GRADE 7 - 12

Male

- 42 kg
- 48 kg
- 52 kg
- 57 kg
- 63 kg
+63 kg

Female

- 36 kg
- 42 kg
- 47 kg
- 54 kg
+54 kg

I. Competition Area:

8 meters x 8 meters + 1 meter safety area all sides

II. Protective gear

Mouth guard, red and blue gloves, red and blue belts, red and blue shin guards with instep.

Note: Protective gear must be approved by organizing committee for safety.

III. Duration Bouts:

Grade School 1.5 minutes

High School 1.5 minutes

Note: Duration of bout means fighting time and does not include stopped time.

IV. Contact:

Points may be scored to the face, neck and head area but no contact is allowed.

G. CHEERDANCE MECHANICS

1. This contest is open to all participating schools in the MILO Little Olympics.
2. The competition is divided into two (2) divisions:
 - a. Elementary Division
 - b. Secondary Division.
3. Each division will have a separate set of winners who will receive cash prizes and a plaque as follows:

a. Elementary Division	
1 st Place	Php 15,000.00 worth of sports equipment + Plaque
2 nd Place	Php 10,000.00 worth of sports equipment + Plaque
3 rd Place	Php 5,000.00 worth of sports equipment + Plaque
b. Secondary Division	
1 st Place	Php 15,000.00 worth of sports equipment + Plaque
2 nd Place	Php 10,000.00 worth of sports equipment + Plaque
3 rd Place	Php 5,000.00 worth of sports equipment + Plaque
4. All participants must submit a duly filled-up entry form of MILO Little Olympics.
5. Each team must have at least a minimum of 25 cheerleaders and a maximum of 50, including propsmen.
6. Cheerleaders must show coordination, spirit, gracefulness, flexibility, and energy while doing their stunts, gymnastics and dance routine.
7. The cheer should:
 - a. Boost the pride of the school's students delegation
 - b. Communicate the importance of getting into sports
 - c. Show how MILO gives the energy athletes need for sports
8. Performance: Time limit will be a minimum of three (3) minutes and a maximum of five (5) minutes including entrance and exit. Time will start on the first move made by the team or from any participant. Every excess second will merit a one (1) point deduction from the total score.
9. Pyramid-building and stunts will be allowed up to two levels only for safety reasons. Violation will merit a five (5) point deduction from the total score.
10. The use of pyrotechnics/fire are strictly prohibited. Violation will automatically disqualify the team.
11. Drawing of lots will be done a day before the event at a venue and time specified by the Organizer during the registration. Participants will be informed accordingly. Late comers will automatically be disqualified from the competition. Call time for performers and cheerleaders will be one (1) hour before the start of the opening program.
12. Participants must be at the venue one (1) hour before the start of the opening program. Cued music tapes/cds must be submitted to the musical director.
13. Decision of judges is final and non-appealable. Absolutely no participants/ contestants representative shall be allowed to contact in any manner whatsoever any judge with the intention of questioning the BOARD OF JUDGES' announced decision.
14. The contest shall be open to a maximum of five (5) participants per division. Registration will be on a "first come, first served basis".
15. Criteria for judging:

Performance	35%
(Fluidity of movement, precision, coordination, synchronization, & showmanship)	
Choreography, Creativity, Style, & Formation	30%
Costume & Props	20%
Visual Impact	10%
Use of MILO Labels	5%
TOTAL	100%

Figure 2: Miss Milo Little Olympics Uniform Pegs

E. MISS MILO LITTLE OLYMPICS MECHANICS (Only for Regional Competition)

1. The contest is open to all female student-athletes of the participating schools of the MILO Little Olympics. She must be a registered member of any team of the participating schools.
2. For the Elementary division, she must be 12 years old and below. The cut off year is the year 2005. For the Secondary Division, she must be 17 years old and below. The cut off year is 2000.
3. The contestant must attend the rehearsals schedule by the Organizer.
4. An endorsement from the heads of schools must be submitted to the Secretariat Office.
5. Candidate's resumé must be submitted to the Secretariat Office not later than the date determined by the Organizer.
6. Candidates in the Elementary division must wear a dominant white tennis sports attire and candidates in the secondary division must wear a dominant green tennis sports attire. Micro mini-skirts and exposure of the belly button are not allowed.
7. The use of false eye lashes, wigs (hair extensions), jewelries, and heavy make up during the finals is strictly prohibited.
8. Wearing of sandals and high heeled shoes during the competition is strictly prohibited. Candidates must wear rubber shoes.
9. A five (5) point deduction will be imposed to those who will violate the guidelines nos. 6 & 7.
10. Presentation or arrangement of candidates will be determined by the Organizer through drawing of lots.
11. Candidates must report at the Opening Ceremonies Venue for pre-judging at the time specified by the Organizer. Failure to do so will forfeit the candidates inclusion into the Miss MILO Little Olympics.
12. The decision of the judges is final and non-appealable. Absolutely, no contestants nor their representatives shall be allowed to contact, in any manner whatsoever, any judge with the intention of questioning the Board of Judges' announced decision.

Criteria for Judging

Beauty of Face and Figure 50%
(complexion, proportion of height and body)
Poise/Bearing and Personality 40%
Sports Attire 10%

TOTAL 100%

There will be separate prizes for Elementary and the Secondary Division.
Miss MILO Little Olympics Php 5,000.00/Sash/Bouquet/Plaque
1st Runner-up Php 3,000.00/Sash/Bouquet/Plaque
2nd Runner-up Php 2,000.00/Sash/Bouquet/Plaque



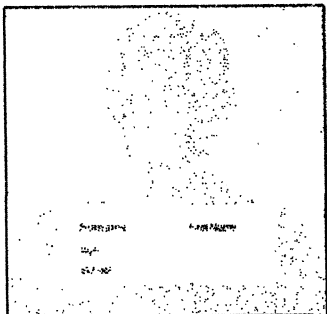
MILO LITTLE OLYMPICS ATHLETES GALLERY

Name of School : _____
Address : _____

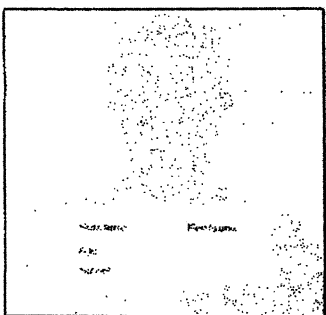
☐ Elementary ☐ Boys
☐ High School ☐ Girls



Name of Athlete _____
Birth Date _____
Age _____

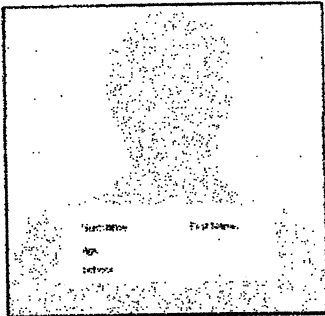


Name of Athlete _____
Birth Date _____
Age _____

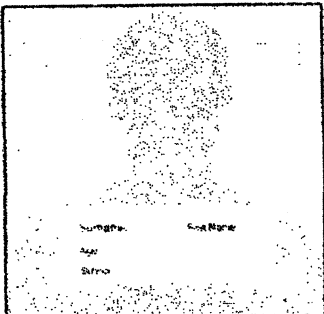


Name of Athlete _____
Birth Date _____
Age _____

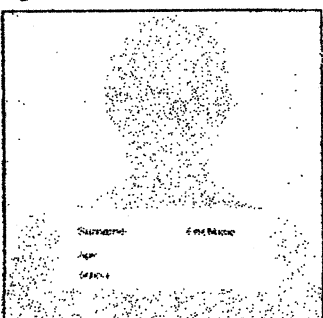
Name of Team Captain
Sign Over Printed Name



Name of Athlete _____
Birth Date _____
Age _____

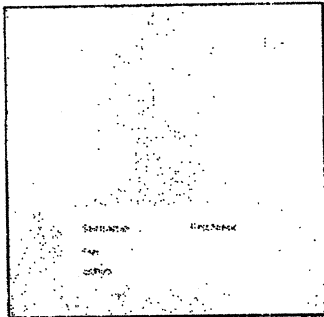


Name of Athlete _____
Birth Date _____
Age _____

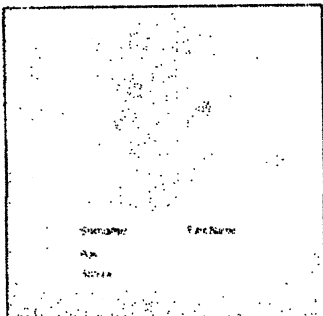


Name of Athlete _____
Birth Date _____
Age _____

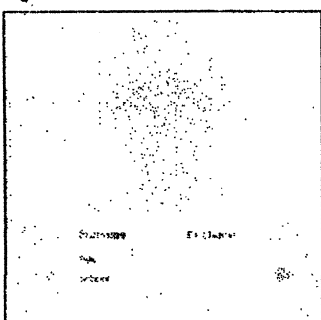
Name of Coach
Sign Over Printed Name



Name of Athlete _____
Birth Date _____
Age _____



Name of Athlete _____
Birth Date _____
Age _____



Name of Athlete _____
Birth Date _____
Age _____

Name of Principal
Sign Over Printed Name



Name of Athletes:

ឈ្មោះ

[illegible]

First Name

[illegible]

Birth Date: MM/DD/YY

Age:

Gender.

Height (cms.):

Weight (kg.)

Contact Number

Address:

[illegible]

Citizenship:

E-mail Address:

[illegible]

EDUCATIONAL INFORMATION

Name of School:

[illegible]

Address:

[illegible]

Tournament Category.

Elementary ☐ Secondary ☐

EVENT	DIVISION		EVENT	DIVISION	
	Boys	Girls		Boys	Girls
Arnis	<input type="checkbox"/>	<input type="checkbox"/>	Karate	<input type="checkbox"/>	<input type="checkbox"/>
Athletics	<input type="checkbox"/>	<input type="checkbox"/>	Sepak Takraw	<input type="checkbox"/>	<input type="checkbox"/>
Badminton	<input type="checkbox"/>	<input type="checkbox"/>	Swimming	<input type="checkbox"/>	<input type="checkbox"/>
Basketball	<input type="checkbox"/>	<input type="checkbox"/>	Table Tennis	<input type="checkbox"/>	<input type="checkbox"/>
Chess	<input type="checkbox"/>	<input type="checkbox"/>	Taekwondo	<input type="checkbox"/>	<input type="checkbox"/>
Football	<input type="checkbox"/>	<input type="checkbox"/>	Tennis	<input type="checkbox"/>	<input type="checkbox"/>
Gymnastics	<input type="checkbox"/>	<input type="checkbox"/>	Volleyball	<input type="checkbox"/>	<input type="checkbox"/>

Scrabble (Mixed)	<input type="checkbox"/>
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PARENT'S WAIVER

I, _____ hereby represent that I am a parent/guardian of _____ and that I have given my consent for him/her to join and participate in the M.I.L.O Little Olympics. I hereby certify that my said child/ward is physically, mentally and psychologically fit to participate in the said M.I.L.O Little Olympics. In case he/she withdraws, I will allow my child/ward to participate in the M.I.L.O Little Olympics National Finals which will be held on _____ at _____.

Parents Questioned Printed Name and Surname

MEDICAL CERTIFICATE

I, _____, hereby certify that I have examined _____ and find him/her physically fit to participate in the _____.

(Medical Doctor's Printed Name and Signature)

BOARD LEADER NO.

ATHLETES DECLARATION OF FITNESS AND WAIVER

ALL INFORMATION CONTAINED HEREIN IS UNCLASSIFIED

5. I am participating in the NAC Life Chances to be held on _____ of my own free will, desire, and volition.

2. I hereby represent and swear that I am, absolutely, fit to participate and take part in the M.I.L.C. Little Olympics and have no known drugs, physical defects, or adverse medical conditions that would render me unfit to participate in the M.I.L.C. Little Olympics. Should such conditions appear at any time, or physical defect or adverse medical condition that would render me unfit to participate in the M.I.L.C. Little Olympics, I shall advise the Organizer in writing and I shall accordingly refrain from participating in any event of the M.I.L.C. Little Olympics. Should I qualify, I shall represent my region in the M.I.L.C. Little Olympics National Finals which will be held of

3. I hereby authorize the Organizer and/or Event Sponsor to use my name, photographs, videos and interviews in connection with the M.C. de Coubertin Trophée and postcards, websites, etc. without any monetary consideration.

4. I understand that if and when my identity is challenged by the Organizer, it is my responsibility to prove my identity.

2. I acknowledge that the NACAC's Olympic is conducted and managed solely by the Organizer. I understand that Nestlé Pils, Inc. is the member of the NACAC's Olympic but is not involved in the activity's conduct or organization, nor in the formulation and implementation of the rules governing the Activity.

6. I agree to abide by the decision of the Organizer on any issue relative to my participation in the MWC Little Olympics, including but not limited to official rules and the interpretation of rules governing the Activity, and shall accept as final any decision of the Organizer regarding any disputes over such rules or regarding the manner of holding the Activity.

7. I shall hold the Organizer, Publisher-Media, Inc. 25 Agency, Milwaukee; Agency, and the sponsor-Trade, 1913, Inc., free and harmless from any and all claims arising from any accident, damage, injury, illness, death or loss that I may suffer as a result of my participation in the "MILWAUKEE CITYMEET".

I hereby declare that I have read and understood the Declaration of Consent and Waiver and that I have executed this document willingly and voluntarily.

WITNESSES WHEREOF, I have hereunto set my hand, this _____ day of _____, 19____.

(Printed Name and Signature: STUDENT)

WE HEREBY CERTIFY UNDER THE PENALTY OF PERJURY THAT ALL ENTRIES OF THE DATA ARE TRUE AND CORRECT AND THAT THE ABOVE PLAYER HAS COMPLIED WITH THE TOURNAMENT MANAGER RULES AND GUIDELINES SET FORTH BY THE ORGANIZING COMMITTEE OF THE NILO LITTLE OLYMPICS AND IS THEREFORE QUALIFIED TO PLAY IN SAID EVENT.

(School Head/Team Coach's Printed Name and Signature)