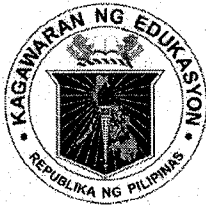


RECORDS  
FILE



Republic of the Philippines  
Department of Education  
Region XI



City Schools Division of Digos City  
City of Digos

Office of the City Schools Division Superintendent Tel. No. (082)553-8375:553-8376

Fax No. (082)553-8396

MEMORANDUM No 310 s, 2016

TO : PUBLIC SCHOOLS DISTRICT SUPERVISORS,  
ELEMENTARY AND SECONDARY SCHOOL ADMINISTRATORS  
DIGOS CITY NATIONAL HIGH SCHOOL CLINIC COORDINATOR

FROM : **DEE D. SILVA, DPA, CESO VI**  
Schools Division Superintendent

SUBJECT : HEALTH AND NUTRITION SECTION UPDATES

DATE : June 21, 2016

Please be reminded of the following:

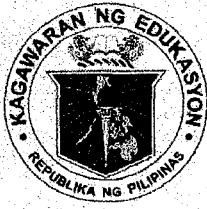
1. NUTRITIONAL STATUS (BASELINE REPORT)  
Submit Baseline Nutritional Status Report on or before July 4, 2016 to your respective District Nurse or District Health Coordinator and on July 8, 2016 to the Health and Nutrition Office.
2. NATIONAL SCHOOL DEWORMING MONTH  
There will be a half-day Re-orientation to all elementary school clinic teachers on June 30, 2016, at the Division Office Function Hall at 1: 00 in the afternoon. The Orientation for the secondary school clinic teacher will be on July 6, 2016 at Digos City National High school at the Administrators Office at 1:00 in the afternoon.
3. SCHOOL CANTEEN  
Please re-visit and adhere to DepEd Order No.8, s.2007 re: School Canteen Implementation Guidelines.
4. DENGUE VECTOR SURVEILLANCE IN SCHOOL  
Please submit to the Division Office cases on Dengue Patient in your school every month, if there is any.
5. PLEASE SEE ATTACHMENT FOR ADDITIONAL INFORMATION.  
For instruction and compliance.

DepEd Schools Division of Digo:

**RELEASED**  
5105  
Date: JUN 22 2016 Time: 3:01  
By: *[Signature]*

For and in the absence of the  
Schools Division Superintendent:

*[Signature]*  
**BEVERLY S. DAUGDAUG**  
Chief Education Supervisor



Republic of the Philippines  
Department of Education  
Region XI



City Schools Division of Digos City  
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**DENGUE VECTOR SURVEILLANCE FORM**

SCHOOL: \_\_\_\_\_

Date: \_\_\_\_\_

Name of Patient	Grade Level	Age	Complete Home Address	Name of Hospital	Date of Admission

Prepared by: \_\_\_\_\_  
School Clinic Teacher

Noted by: \_\_\_\_\_  
School Administrator

**Table of Foods Recommended and Prohibited in the School Canteen**

<b>FOOD AND DRINKS TO BE SOLD IN THE SCHOOL CANTEENS</b>	<b>FOOD AND DRINKS THAT ARE PROHIBITED IN SCHOOL CANTEENS</b>
<ul style="list-style-type: none"> <li>• Fruits in season and vegetable from reputable suppliers</li> <li>• Cooked Foods- prepared and cooked in the school canteen or reputable suppliers               <ul style="list-style-type: none"> <li>- Vegetable Recipes</li> <li>- Hot Soup</li> <li>- One dish Meal</li> <li>- Banana (saba)</li> <li>- Corn</li> <li>- Root Crops</li> <li>- Native Delicacies</li> <li>- Peanuts</li> <li>- Rice</li> <li>- Viand (Nutritious and affordable)</li> <li>- Pancit bihon/canton</li> <li>- Pork and Chicken BBQ</li> <li>- Siomai</li> <li>- Siopao</li> <li>- Sandwiches with Nutritious filling (processed filling are discouraged)</li> </ul> </li> <li>• Juices and Beverages – prepared in the school canteen or from reputable suppliers               <ul style="list-style-type: none"> <li>- Fresh fruit juices and shakes</li> <li>- Safe bottled water</li> <li>- Yogurt</li> <li>- Milk and Milk Products</li> </ul> </li> <li>• Freshly Baked Breads from reputable bakeries               <ul style="list-style-type: none"> <li>- Biscuits</li> <li>- Cakes, Mamon, Muffins</li> <li>- Cupcakes, Tostado, Biscocho</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Carbonated drinks               <ul style="list-style-type: none"> <li>- Softdrinks are prohibited as per DepED Order No. 8 s. 2007</li> </ul> </li> <li>• Softdrinks sold to teachers are prohibited</li> </ul>

- **BFAD** – Bureau of Food and Drugs
- **Note:** Please be guided that ready to eat foods that are sold in the canteen must not be salty, fatty or too sweet and expiry dates must be noted at all times.