Division Memorandum No. 324-s. 2015

TO: All Teacher-Clinic-In-Charge, Public Elementary and Secondary Schools  
School Heads/SICs/Principals, Public Elementary and Secondary Schools  
Public Schools District Supervisors  
Division Office Disaster Action Team Leaders

FROM: DEE D. SILVA, DPA, CESO VI  
Schools Division Superintendent

SUBJECT: Basic Life Support Training

DATE: June 28, 2016

1. In relation to the month-long celebration of the National Disaster Consciousness Month for the whole month of July 2016, there will be a 4-day Basic Life Support Training on July 26-29, 2016 at Hotel de Crisbelle, Digos City.

2. This training aims to teach participants to:
   a. recognize and prevent cardiac arrest.
   b. understand the concept of cardiac arrest and the importance of the time component.
   c. be familiar of the emergency and activation of the emergency medical services (EMS).
   d. know basic life support in adults with CPR (ventilation and chest compressions).
   e. use automated external defibrillator.

3. Participants will be divided into two (2) batches with 25 pax per batch per 2 days.

4. Registration is free and participants will have two (2) snacks and one (1) meal per day.

5. Please see attached list of batches.

6. For immediate dissemination and compliance.
1st Batch (July 26-27, 2016)
1. Apolandia Elem. School
2. Binaton Elem. School
3. G. Reusora Central Elem. School
4. Marawer Elem. School
5. Matti Elem. School
7. Rizal Central Elem. School
8. Soong Elem. School
9. Digos City NHS – Soong HS Annex
10. Kapatagan NHS
11. Balabag Elem. School
12. Casildo B. Nonol Sr. Elem. School
13. Colorado Elem. School
14. Damñas Elem. School
15. Digos City Central Elem. School
16. Domingo V. Abawag Sr. Elem. School
17. Dulangan Elem. School
18. Federico J. Alferrez Elem. School
20. Lungag Elem. School
21. Mahayahay Elem. School
22. Pedro V. Basalan Elem. School
23. Ranao Elem. School
24. Remedios N. Sapala Elem. School
25. Ruparan Elem. School

2nd Batch (July 28-29, 2016)
1. Arcaflor Maniapao Elem. School
2. Aplaya Elem. School
3. Badiang Elem. School
4. Bagumbuhay Elem. School
5. Cogon Elem. School
6. Dawis Elem. School
7. Don Mariano Marcos Elem. School
8. Igpit Elem. School
9. Isaac Abalayan Elem. School
10. Kibanban Elem. School
11. Pedro Garcia Elem. School
12. Ramon Magsaysay Central Elem. School
13. San Miguel Elem. School
14. Digos City NHS – Matti Annex
15. Digos City NHS – Balabag HS Annex
16. Digos City NHS – Main Campus
17. Ruparan NHS
18. Digos City NHS – Igpit HS Annex
19. Digos City NHS – Stand Alone SHS
20. Francis Jude Alcomendras
21. Emmanuel P. Hugo
22. Helen Franconas
23. Hazel Marie L. Escabillas
24. Villamor, Renie
25. Valeriano Delos Reyes
26. Marcelino Ranollo, Jr. ***