



Republic of the Philippines
DEPARTMENT OF EDUCATION
REGION XI
City Schools Division of Digos City
City of Digos

Office of the City Schools Division Superintendent


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MEMORANDUM No. 203 s. 2017

TO : - **Digos Oriental and Occidental Public Schools**
District Supervisors
- **Elementary and Secondary School Administrators**
- **Senior High School Administrator**
- **All Division Office Personnel**

FROM : **DEE D. SILVA, DPA, CESO VI**
Schools Division Superintendent

For and in the absence of the Schools Division
Superintendent:


BEVERLY S. DAUGDAUG, Ed.D.
Chief, CID
Officer-In-Charge *uw*

SUBJECT : **BLOOD LETTING ACTIVITY**

DATE : **March 24, 2017**

1. This Division will conduct the first Blood Letting Activity on March 31, 2017 at 8:00 AM at the ALS Building, Digos City Division Office, in partnership with the Philippine National Red Cross Davao del Sur Chapter.
2. Teaching and non-teaching personnel who are interested and willing to donate blood must be:
 - a. Healthy in the sense that he/she:
 - is a non-smoker
 - has no medication maintenance (High Blood Pressure, Diabetes and others).
 - b. No fever, colds and cough.
 - c. Well-rested with at least 8 hours of sleep a day before the conduct of the activity.
3. Screening before the activity will be done to ensure if he/she can be a blood donor.
4. For teachers, it is expected that there should be a classroom/ subject filler arranged with the School Head.
5. Qualified blood donors, who participate in the activity on official time, are advised to rest after blood extractions; while those who are not qualified after screening are advised to return to their respective stations.
6. For information.

City Schools Division of Digos

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