DIVISION MEMORANDUM
No. 031-D, s. 2018
January 9, 2018

HEALTH AND NUTRITION REMINDERS AND ACTIVITIES

To: Public Schools District Supervisors
   Elementary and Secondary School Administrators
   Senior High School Administrator
   Division and District Health and Nutrition Personnel
   Senior High School Nurses
   Secondary Nurse

Please be reminded of the following, to wit:

1. NUTRITIONAL STATUS (Year End Report)
   - Submission of report using the NEW Nutritional Assessment tool will be
     on or before February 16, 2018 to your respective District Nurse and
     February 27, 2018 to Health and Nutrition Office.

2. SECOND ROUND DEWORMING
   - The simultaneous 2nd round deworming will be on January 17, 2018 from
     Preschool to Grade 6 pupils, Secondary and Senior High School using
     Albendazole tablets.
   - All schools must secure parents' consent prior to the Deworming Activity
     (January 17, 2018).
   - Prepare the checklist/ form 1.
   - All pupils and students must be in full stomach before the administration
     of deworming tablet.
   - The activity routine must be followed, to wit: 1. handwashing 2. feeding
     3. administration of drugs and 3. toothbrushing.
   - Releasing of deworming tablets will start on Friday at Division Health
     and Nutrition Office.

3. SCHISTOSOMIASIS MASS DRUG ADMINISTRATION
   - The Mass Drug Administration of Schistosomiasis Endemic Schools will be on
   - The following endemic schools, to wit: Colorado ES, R. Saplala ES, Matti NHS,
     Lgpit ES, Lgpit NHS-Annex and Bagumbuhay ES.
   - The above-mentioned schools are advised to prepare master list with
     respective present weight of the pupils/ students.
   - Secure parents' consent one week before the administration. The City Health
     Office will provide the consent through the Division Health and Nutrition Office.
   - All pupils/ students must be in full stomach.
   - Prepare holding area may it be the clinic, H.E. or classroom for any adverse
     effects.
   - There will be a stand-by Nurse or BHW in every school.

Encls:
References:
To be indicated in the Perpetual Index under the following subjects:
Health and Nutrition
4. TEACHING AND NON-TEACHING PERSONNEL ANNUAL MEDICAL CHECK-UP
AND LABORATORY TEST

- Both Teaching and Non-Teaching Personnel are advised to start the required
annual laboratory tests, to wit:
  1. X-ray
  2. Urinalysis
  3. Fasting Blood Sugar (FBS)

- Schedule of Dental Check-up per school will be posted.
- Please be informed that our Medical Officer has rendered her last day of
service last Dec. 31, 2017. As of this time we don’t have a medical doctor to
sign the Form 86.
- Submit Form 86/ Health Profile and original laboratory results per school to
Health and Nutrition Section Office on or before February 26, 2018.

4. For information and compliance.

FOR AND IN THE ABSENCE OF

WINNIE E. BATTOON, Ed.D.
Officer in Charge
Office of the Schools Division Superintendent

RELEASED
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