



Republic of the Philippines
Department of Education
Region XI
SCHOOLS DIVISION OF DIGOS CITY
Digos City



July 02, 2018

DIVISION MEMORANDUM
NO. 542 s. 2018

2ND INTER SCHOOL FIRST AID COMPETITION

TO: PUBLIC SCHOOLS DISTRICT SUPERVISORS
SECONDARY SCHOOL PRINCIPALS

1. In reference to the letter of MS. HELEN DIEL-CABERTO, Chapter President of Philippine Red Cross, Davao del Sur Chapter, dated June 18, 2018, the field is hereby informed of the 2nd Inter School First Aid Competition on December 8, 2018 at Gaisano Grand of Digos City, 9:30 in the morning up to 3:00 o'clock in the afternoon.
2. The objectives of the said competition are as follows:
 - a) To promote safety awareness;
 - b) To encourage first aid competences and gauge the knowledge and skills of trained student through first aid competition;
 - c) To enhance the capacity to response during natural hazards and human induced hazards; and other school activities such as athletics;
 - d) To enhance knowledge and skills to provide appropriate intervention in times of crises and emergencies; and
 - e) To develop the spirit of unity and sportsmanship among Red Cross Youth volunteers.
3. Attached herewith are the guidelines and mechanics of the competition.
4. Immediate dissemination of this Memorandum is highly desired.

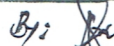

WINNIE E. BATON, Ed.D
Officer-in-Charge

Office of the Schools Division Superintendent


DepEd Schools Division Office

RELEASED
10352

06 JUL 2018 Time 10:37 AM

By: 

Encls: Guidelines and Mechanics

References: 2nd Inter School First Aid Competition

To be indicated in the Perpetual Index under the following subjects: Governance, Red Cross Competition

apb: Red Cross

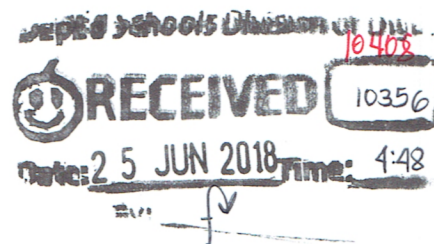
2 July 2018



PHILIPPINE RED CROSS - DAVAO DEL SUR CHAPTER
Quezon Ave., Zone I, Digos City, Davao del Sur
(082) 553 2832 email: davao.sur@redcross.org.ph

June 18, 2018

WINNIE E. BATOON
Schools Division Superintendent
DepEd-Division of Digos City



Dear Sir Batoon,

The Safety Services of the Philippine Red Cross deals on education campaign to ensure the safety of the Filipino people. It conducts world class training in First Aid, Basic Life Support-CPR, Water Safety, Emergency Medical Technician Training Course Life Guarding Rescue and Ambulance Services.

To gauge the knowledge and skills acquired by individuals, the Chapter will be holding the 2nd Inter School First Aid Competition in the City of Digos and the province of Davao del Sur and Davao Occidental to. **The competition will be done at Gaisano Grand Mall of Digos on December 8, 2018; 9:30am-3:00pm.**

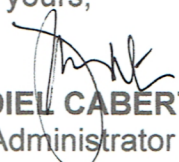
Objectives are:

- Promote safety awareness.
- Encourage first aid competences and gauge the knowledge and skills of trained student through first aid competition.
- Enhance the capacity to response during natural hazards and human induced hazard; and other school activities such as athletics.
- Enhance knowledge and skills to provide appropriate intervention in times of crises and emergencies.
- Develop the spirit of unity and sportsmanship among Red Cross Youth volunteers.

On this note, may we seek an approval and endorsement from your office to disseminate this information to the different schools in Division of Digos City.

Attached herewith the guidelines and mechanics of the said competition.

Sincerely yours,


HELEN DIEI CABERTO, RMT MPA
Chapter Administrator

Received 6/27/2018 3:20 p.m. - Jb

Volunteers + Logistics + IT = a Red Cross that is Always First Always Ready Always There



Philippine Red Cross-Davao del Sur Chapter
2nd Inter School-First Aid Competition

Guidelines and Mechanics

COMPETITION CATEGORIES: Elementary, High School, College

EVENT: 2nd Inter-School First Aid Competition
Date: December 8, 2018
Venue: Gaisano Grand Mall of Digos City

OBJECTIVES:

1. Promote safety awareness
2. Encourage first aid competence and gauge the knowledge and skills of trained student through first aid competition
3. Enhance the capacity to response during natural hazards and human induced hazards and other school activities
4. Develop the spirit of unity and sportsmanship among RCY volunteers

QUALIFICATION & REQUIREMENTS:

1. Each team is composed of 10 members including the team leader
2. Participants should be physically fit to join the competition
3. Participants should have undergone the basic first aid training
4. Active member of the RCY council
5. Has paid his/her membership fee for the year 2018-2019

REGISTRATION FEE: 1,500.00/team

MECHANICS:

1. All events shall be held simultaneously. Competition areas or stations will be designated. Drawing of lots will be done to determine the team's order of execution and stations.
2. There will be one (1) judge assigned in each event/station. The decision of the board of judges is final and irrevocable.
3. Participating team must bring their own gloves, mask and goggles.
4. Participating team must wear their respective uniforms.
5. No protests will be entertained. However, comments and or suggestions may be considered for the future competitions. (if necessary or possible.)
6. General evaluation of the game – pointing out common mistakes, lapses, and giving of corresponding corrections will be scheduled prior to the closing ceremonies.
7. Playing members are not allowed to carry any mobile phones and or other handy communication gears like hand-held radios, during any given event/hit.
8. Non-playing team members are to stay outside the designated competition area while Coaches will be given a designated area to stay.
9. Scoring is by point system. The team that accumulates the highest number of points in all events shall be declared winner.

10. Cheating or any acts of foul play in any of the events shall automatically disqualify the entire team from the competition.
11. A whistle or any louder signal will be used to signify the start and end of each 10-minute hit.
12. A maximum of ten (10) minutes will be allowed for a team to perform each problem/scenario. There will be a maximum of (5) minutes interval between hits.
13. Awards will be given to the winners as follows:
 - Over All winners (champion, 1st runner up, 2nd runner up, and 3rd runner up)
14. Participating team will also received certificates of participation.
15. Cheering for and not against a team is encourage.
16. Cleanliness at the competition venue shall be everybody's concern.
17. The following are grounds for disqualification of a team from the event where they are caught:

- Misbehavior of the members (arguing, using of foul words) which causes delay to the game;
- Loud instructions of the team leaders that causes confusions or destruction of other teams;
- Coaching through any means of transmittal (signal/s of the hand or any other body parts

18. There are 3 loud whistles to be heard during the event.

1ST LONG WHISTLE _____ - START OF THE EVENT OF GIVEN PERFORMANCE

2ND SHORT WHISTLE _____ - WARNING. (LAST ONE MINUTE) OF THE GIVEN PERFORMANCE

3RD LONG WHISTLE _____ - END OF THE EVENT OF THE GIVEN PERFORMANCE

19. In events, the following rules shall apply.

1. BANDAGING RELAY:

- The standard rule of any relay game shall be observed in this event. That is: the first player in line runs first and performs the problem given by the judge then goes back and touches the next player in line who will perform next. He/she then positions at the end of the line, and so on. The team throughout of the event shall maintain straight line in their respective places according to the sequence of their numbers.
- At the sound of the starting signal, the time of the event starts, and the team member in front of the line runs towards the judge and gets the problem and performs the necessary procedures.
- The process goes on until the problems are performed or the 10 minutes allotted time. Numbers of team members must be maintained in sequence all the time during the event.

2. TRANSFER RELAY:

- At the sound of the starting signal, the time of the event starts, and the team member in front of the line runs towards the judge and gets the problem and performs the necessary procedures.

- If the required procedure is a “CARRY”, the player/s carry/ies the patient toward the “TURNING POINT” (center between the starting line and the working area) then go/es back to the judges (working area) to unload the patient.
- If the procedure requires two or more team members, the player signals the needed additional manpower. The teammate/s next in line must be the one to respond to the call (help).
- After performing the required procedure, the player/s run/s back to the starting line and tap the hand of the next teammate who in turn would go and performs the next required procedure. The player who has just completed the procedure will position at the end of the line.
- The process goes on until all the problems are performed or the 10 minute allotted time for the event expires. Numbers of team members must maintain in sequence all the time at the starting line.

3. SITUATIONAL ANALYSIS:

- Each team will have 1 problem and they are given 2 minutes to discuss the problem during the 5 minutes break, then after that they will be given 10 minutes to perform first aid on their victims.
- All competing teams are required to form a single line at the designated STARTING point before the event.
- The team will be graded starting from the time the given signal was started up to the complete endorsement of patient to one of the judges acting as physician. The ENDORSEMENT will be done at the designated point (between starting line and working area).
- Time of completion of task will be is recorded once the team goes back to the starting line and the last member to arrive raises his/her hand/s.
- Once the master timer sounds off the ten-minute signal, all team members shall go back to their respective starting lines.

4. Cardiopulmonary Resuscitation

- Prior to the start of each event, all competing teams scheduled for the event are required to form a single line at the designated STARTING LINE/point.
- Initial assessments shall be done to the “victim” (person). Other procedures shall be done on the mannequin
- “Responsive” or “unresponsive” condition and other portrayable signs and symptoms shall be verbalized by the judge. Only “Patient is revived is to be announced/declared by one of the judges once it is finish.
- After the judge has announced “patient is revived” other necessary care shall be done to the “victim” (person) then the team shall carry the “patient” (person) to the designated ENDORSEMENT AREA (center between the starting line and the working area) and endorse him/her to the judge posing as physician.

PREPARED BY:



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NOTED BY:

HELEN DIEL CABERTO, RMT MPA
CHAPTER ADMINISTRATOR
PHILIPPINE RED CROSS-DAVAO DEL SUR CHAPTER