



Republic of the Philippines
Department of Education

DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

OSDS-2022-057

To : Public Schools District Supervisors
Health and Nutrition Unit Personnel
Secondary School Heads

Subject : "SMOKING OR HEALTH"
DIGITAL POSTER COMPETITION

Date : November 21, 2022

This is in reference to the Regional Memorandum from MARIA INES C. ASUNCION, Director III, dated November 14, 2022, entitled "SMOKING OR HEALTH" DIGITAL POSTER COMPETITION. The Philippine College of Chest Physicians- Southern Mindanao Chapter (PCCP-SMC) will be holding a digital poster competition entitled "Smoking or Health" from November 9, 2022 until December 15, 2022. The activity aims to strengthen advocacy on smoking cessation.

In line with this, students 16-20 years of age are encouraged to join the competition to help dissuade them from initiating smoking. All winners shall receive cash prizes. Please see the attached mechanics of the competition.

For queries and clarification, please contact Dr. Radha Marie M. Sillano at 09175487496.

For compliance and widest dissemination.

For and in the Absence of the
Schools Division Superintendent

CLARENCE S. PILLERIN, Ed.D.
Public Schools District Supervisor
Officer-In-Charge

Schools Division of Digos City
RECORDS SECTION

RELEASED

DATE: NOV 21 2022 TIME: 2:17pm

BY: _____

Enclosed: As stated.
OSDS/HNU/ipd



Address: Roxas cor. Lopez Jaena Street, Zone II, Digos City (8002)
Telephone Nos.: (082) 553-8375; (082) 553-8396

Recd



22-10531

Republic of the Philippines
Department of Education
DAVAO REGION

Office of the Regional Director

REGIONAL MEMORANDUM
ESSD-2022-247

Schools Division of Digos
RECORDS SECTION

RECEIVED 939K

NOV 15 2022 TIME 3:59

To : Schools Division Superintendents

Subject: "SMOKING OR HEALTH"
DIGITAL POSTER COMPETITION

Date : November 14, 2022

Herewith is a letter from Philippine College of Chest Physicians- Southern Mindanao Chapter (PCCP-SMC), dated 5 November 2022. The PCCP-SMC will be holding a digital poster competition entitled "Smoking or Health" from November 9, 2022 until December 15, 2022. This activity aims to strengthen advocacy on smoking cessation.

In line with this, students 16-20 years of age are encouraged to join the competition to help dissuade them from initiating smoking. All winners shall receive cash prizes. Please see attached mechanics of the competition.

For queries and clarification, please contact Dr. Radha Marie M. Sillano at 09175487496.

Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO
Director IV

By the Authority of the Regional Director

MARIA INES C. ASUNCION
Director III
Office of the Assistant Regional Director

ROE/D4/mbm

DEPARTMENT OF EDUCATION ROXI

RECORDS SECTION

RELEASED

By: 10531

Date: 11/15/2022 Time: 2:00 PM



Address: F. Torres St., Davao City (8000)
Telephone Nos.: (082) 291-1665; (082) 221-6147

ISO 9001:2015 - Certified



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
Southern Mindanao Chapter

2nd Floor Annex 1 Building, Davao Doctors Hospital, Quirino Avenue, Davao City
Telephone No. (082) 224-8327 • Email Address: pccp-smc@yahoo.com



November 5, 2022

Dr. Allan G. Farnazo
Director IV
Department of Education
Region XI

Handwritten notes:
11.9.22 1053
1/18/22

Dear Dr. Farnazo,

Greetings! We, the Philippine College of Chest Physicians – Southern Mindanao Chapter (PCCP SMC) would like to strengthen our advocacy on smoking cessation. In line with this, we will be holding a digital poster competition entitled “Smoking or Health” from November 9, 2022 until December 15, 2022. This will target students aged 16-20 years of age to help dissuade them from initiating smoking. All winners shall receive cash prizes. Please see attached mechanics of the competition.

We hope that you would support this endeavor by helping us disseminate this among the different private and public schools included in your division. Together we believe that we can curb smoking among the youth for healthier lungs. Should you have any questions or clarifications, please contact Dr. Radha Marie M. Sillano at 09175487496. Thank you for your time and consideration.

Respectfully,

Ma Theresa Bernardo, MD, FPCP, FPCCP
President



PHILIPPINE COLLEGE OF CHEST PHYSICIANS
Southern Mindanao Chapter

2nd Floor Annex 1 Building, Davao Doctors Hospital, Quirino Avenue, Davao City
Telephone No. (082) 224-6327 • Email Address: pccpsmc@yahoo.com



HEALTHY LUNG FOR EVERYONE

“Smoking or Health”

A Digital Poster Competition



Mechanics:

1. Open to all Southern Mindanao Students aged 16 - 20 yrs old.
2. Each contestant should submit one entry only.
3. Must be original and shall strictly follow data and intellectual property rights. It should emphasize the theme: “Smoking or Health”.
4. Must adhere to the following specification:
 - A4 size (8.27' x 11 ") 300 DPI
 - Landscape Saved in JPEG / PNG format
 - Free from watermarks, e-signature, initials or the name of participants.
5. These media may be used: Adobe photoshop, Microsoft paint, any digital software application or media.

6. Criteria for judging:

30% - Visual, Artistic Creativity	20% - Originality
30% - Relevance to the theme and content	20% - Viewer's impact based on FB likes and shares

7. Contest is open from November 9 to December 15, 2022

8. Entries should be emailed pccpsmc@yahoo.com with the subject PCCP SMC Digital Poster Contest. The e - mail Body will contain :

Full Name	Age	Sex
Address	School	Mobile Number
Caption (1-2 sentences explaining / describing the poster and its relevance to the theme).		
ID (Upload a photo of current school ID) .		

9. Contestants shall sign the consent for publication: see Link in FB PCCP South Mindanao.

10. Prizes :

1st prize: 10,000	2nd prize: 6,000	3rd prize: 4,000
10 consolation prizes: 500		

For further inquiries please call cellphone # : 0939 721 9415