



Republic of the Philippines
Department of Education
DIGOS CITY DIVISION

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

OSDS-2022-075

To : Chief Education Supervisors – (CID&SGOD)
All School Heads
School DRRM Coordinators

Subject : Face to Face Lecture/Demonstration on Basic Life Support Training

Date : December 13, 2022

This hereby informs the field that there will be a **Two-Day Face to Face Lecture/Demonstration on Basic Life Support Training on December 19-20, 2022** at **Don Mariano Marcos Elementary School**.

The objectives of the activity are to refresh the knowledge of School DRRM Coordinators on the Basic Life Support Training, to let them see the benefits of Basic Life Support Training and be ready in times accident and emergencies, and to preserve life, prevent injuries from getting worse, relieve pain, aid recovery, and protect the unconscious.

The participants of this training are the School DRRM Coordinators, Meals and snacks will be free while transportation expenses shall be charged to local funds subject to the usual accounting and auditing rules and regulations.

Furthermore, during the training, two medical nurses will be assigned in case any medical issues arise.

Teacher-participants will be granted with service credits (DepEd Order No. 84, s. 2003, Addendum to DepEd Order No. 53, s. 2003 "Updated Guidelines on Grant of Vacation Service Credits to Teachers")

For your information, guidance and compliance.

CRISTY C. EPE

Schools Division Superintendent

DepEd Schools Division of Digos City

RECORDS SECTION

RELEASED
22-95760
DATE: DEC 14 2022 TIME: 7:11 PM

BY:

Enclosed: As stated.
OSDS/DRRM/mfl



Address: Roxas cor. Lopez Jaena Street, Zone II, Digos City (8002)
Telephone Nos.: (082) 553-8375; (082) 553-8396



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List of Participants for Face-to-Face Lecture/Demonstration of Basic Life Support Training on December 19&20, 2022:

No.	Name	School/Office
1	DELMAR L. ABADIA	PEDRO V. BASALAN ELEMENTARY SCHOOL
2	ROLDAN D. DEPALUBOS	DON MARIANO MARCOS ELEMENTARY SCHOOL
3	RENE L. ERAN	RIZAL CENTRAL ELEMENTARY SCHOOL
4	JOJE S. COSTAÑOS	COLORADO ELEMENTARY SCHOOL
5	ALLEN JOY P. AGUIRRE	SOONG NATIONAL HIGH SCHOOL
6	SHARRA O. NAJIRUL	JOLENCIO R. ALBERCA ELEMENTARY SCHOOL
7	MARK STEPHEN G. BOHOL	IGPIT ELEMENTARY SCHOOL
8	JUPALOYD S. ARELLANO	RUPARAN ELEMENTARY SCHOOL
9	DENNIS B. CAMANZO	DIGOS CITY NATIONAL HIGH SCHOOL
10	FELDEN CHARITY M. MANUALES	KIBANBAN ELEMENTARY SCHOOL
11	JOY MARIMAR T. JUBAN	APLAYA NATIONAL HIGH SCHOOL
12	SHERYL M. DINOY	SENIOR HIGH SCHOOL DIGOS CITY
13	ARNOLD C. SELGAS	LUNGAG ELEMENTARY SCHOOL
14	VINA E. AGUILAR	RAMON MAGSAYSAY CENTRAL ELEMENTARY SCHOOL
15	LLYOD C. CERVANTES	MATTI ELEMENTARY SCHOOL
16	VANESSA E. AJADO	MAHAYAHAY ELEMENTARY SCHOOL
17	MARIA PAMELA C. LLAMEG	SAN MIGUEL ELEMENTARY SCHOOL
18	SHYRELL MAE O. WARNAKULASURIYA	DAWIS ELEMENTARY SCHOOL
19	LESLIE LOVE P. GRANDE	ARCAFLOR MANIAPAO ELEMENTARY SCHOOL
20	KING P. DEVESFRUTO	GOMA NATIONAL HIGH SCHOOL
21	BERNICE D. ABRENILLA	BALABAG NATIONAL HIGH SCHOOL
22	MARY JANE R. FUROG	FEDERICO J. ALFEREZ ELEMENTARY SCHOOL
23	PERLITA C. ROA	DAMÑAS ELEMENTARY SCHOOL
24	MARCO RIGOR A. JUMAWAN	DIGOS CITY CENTRAL ELEMENTARY SCHOOL
25	ELEONOR E. CUEVAS	PERDRO GARCIA ELEMENTARY SCHOOL
26	JUVY LYN R. TADLAS	NECENCIO A. ISIDRO ELEMENTARY SCHOOL
27	CHERRIE G. MALAGA	APLAYA ELEMENTARY SCHOOL
28	DARELL C. ESTABAYA	RUPARAN NATIONAL HIGH SCHOOL
29	RENATO O. SAMPAGA	BALABAG ELEMENTARY SCHOOL
30	FHOEBE B. TOLERO	BINATON ELEMENTARY SCHOOL
31	TERESE ANN MARIE J. CUEVAS	REMEDIOS N. SAPLALA ELEMENTARY SCHOOL
32	JAINAL ABIDIN P. ISMAEL	BADIANG ELEMENTARY SCHOOL
33	ROSALIN D. SUYAT	GUADIOSO REUSORA CENTRAL ELEMENTARY SCHOOL
34	ALEXIS J. LINAQ	IGPIT NATIONAL HIGH SCHOOL
35	ELNOR CIRUNAY	CASILDO B. NONOL ELEMENTARY SCHOOL
36	ANNIE LOU D. PARAMI	KAPATAGAN NATIONAL HIGH SCHOOL
37	LLOYD C. CERVANTES	MATTI ELEMENTARY SCHOOL
38	NERYSA LOEN D. LERIN	COGON ELEMENTARY SCHOOL
39	LEO H. VERULA	ISAAC ABLAYAN ELEMENTARY SCHOOL
40	ROD RITCHIE C. SACEDOR	BAGUMBUHAY ELEMENTARY SCHOOL
41	SARAH H. CANTEVEROS	DULANGAN ELEMENTARY SCHOOL
42	JAY PAUL CABURAL	RANAO ELEMENTARY SCHOOL



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43	SALVADOR GALARAGA JR.	DOMINGGO ABAWAG ELEMENTARY SCHOOL
44	HILARIO DALUMPINES	SOONG ELEMENTARY SCHOOL
45	MELANIE G. BORLAZA	APOLANDIA ELEMENTARY SCHOOL
46	LOI RAMOS	MARAWER ELEMENTARY SCHOOL
47	ELIKA FAYE M. ALFONSO	MATTI NATIONAL HIGH SCHOOL

TWG

1	JOEL B. GOMITO	Schools Division Office/Division Nurse
2	IREENE P. DANDOY	Schools Division Office/Division Nurse
3	JAYZON T. CARDINES	Schools Division Office/Division DRRM Coordinator
4	JESSRAEL T. BENGIL	Schools Division Office/Division IT
5	DANICA L. ACEDILLA	Schools Division Office/AO II

Enclosed: As stated.
OSDS/DRRM/mfl



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Day 1			Day 2		
Time	Activity	Resource Person	Time	Activity	Resource Speaker
7:30-8:00AM	Registration (Attendance) Preliminaries (AVP) Recognition of Participants Opening Remarks	TWG Sollie B. Oliver JD, MATE	7:30-8:15AM	Registration (Attendance)	Jayzon T. Cardines
8:00-8:15AM	Message	SDS Cristy C. Epe			
8:15-8:40AM	Pre-test	CDRRMC Speaker			
8:40-9:30AM	Philippine/Local DRRM System	CDRRMC Speaker	8:15-9:00AM	Hands only CPR	CDRRMC Speaker
9:30-9:50AM	Introduction to SFA	CDRRMC Speaker	9:00-9:45AM	Wounds	CDRRMC Speaker
9:50-10:15AM	Emergency Action Principles (EAP)	CDRRMC Speaker	9:45-10:00AM	Break Time	
10:15-10:30AM	Break Time		10:00- 10:45AM	Burns	CDRRMC Speaker
10:30-11:00AM	EAP Demonstration	CDRRMC Speaker	10:45- 11:30AM	Bandaging	CDRRMC Speaker
11:00-11:30AM	Fever	CDRRMC Speaker	11:30AM- 12:00PM	Shock	CDRRMC Speaker
11:30AM- 12:00PM	Head and Neck Injuries	CDRRMC Speaker	12:00-1:00PM	Lunch Time	
12:00-1:00PM	Lunch Break		1:00-1:30PM	Musculoskeletal Injuries	CDRRMC Speaker
1:00-1:30PM	Abdominal Problems	CDRRMC Speaker	1:30-2:00PM	Splinting Techniques	CDRRMC Speaker
1:30-2:00PM	Allergies	CDRRMC Speaker	2:00-2:30PM	Drowning	CDRRMC Speaker
2:00-2:45PM	Animal Bites and Stings	CDRRMC Speaker	2:30-3:00PM	Transfer	CDRRMC Speaker
2:45-3:00PM	Break Time		3:00-3:15PM	Break Time	
3:00-3:45PM	Poisoning	CDRRMC Speaker	3:15-4:00PM	Emergency Rescue and Transfer Techniques	CDRRMC Speaker
3:45-4:15PM	Heat Related Problems	CDRRMC Speaker	4:00-4:15PM	Knowledge Review	CDRRMC Speaker
4:15-5:00PM	Breathing Problems and Heart Attack	CDRRMC Speaker	4:15-4:45PM	Post-test	CDRRMC Speaker
			4:45-5:00PM	Closing Program	Jayzon T. Cardines

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