



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DIGOS CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

CID-2024-318

To : Elizabetha Bueron
Principal IV - Digos City National High School
Aimee Amor C. Porto
Principal II - Senior High School in Digos City

Attention: Mae Laarni L. Torres
Guidance Counselor III-DiCNHS
Divina E. Orge
Guidance Counselor II-SHS in Digos City

Subject : **TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE PREVENTION
(CAPACITY BUILDING PROGRAM FOR GUIDANCE COUNSELORS
PHASE 2)**

Date : August 14, 2024

This has reference to the Regional Memorandum ESSD-2024-333 dated August 8, 2024, re: Training for Guidance Counselors on Suicide Prevention (Capacity Building Program for Guidance Counselors Phase 2) on September 9 – 13, 2024 in Metro Manila which venue shall be announced later.

In line with this, Registered Guidance Counselors Mae Laarni L. Torrres of Digos City National High School and Divina E. Orge of Senior High School in Digos City are hereby directed to attend. Participants are expected to register at bit.ly/CapBuildRGCsP2 on or before August 16, 2024. Further, they are required to bring their own laptop, laptop charger and extension cord for the completion of outputs during the training.

Traveling and other incidental expenses shall be charged to local funds, program support funds under School Mental Health, school/division MOOE or other fund sources subject to the usual accounting and auditing rules and regulations.

Details of the activity are in the enclosures.

Immediate dissemination of this Memorandum to the concerned is desired.

DepEd Schools Division of Digos City

RECORDS SECTION

RELEASED
24-12551
DATE: AUG 15 2024 TIME: 9:57 AM

Enclosed: As Stated
CID/rdm

Melanie A. Estacio
MELANIE A. ESTACIO, Ph.D, CESO VI
OIC-Schools Division Superintendent



Roxas Street cor. Lopez Jaena Street, Zone II, Digos City 8002
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Republic of the Philippines
Department of Education
DAVAO REGION



Office of the Regional Director

REGIONAL MEMORANDUM
ESSD-2024-333

To : Schools Division Superintendents

Subject : TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE PREVENTION (CAPACITY BUILDING PROGRAM FOR GUIDANCE COUNSELORS PHASE 2)

Date : August 8, 2024

Herewith is the Memorandum dated 17 July 2024 from **Atty. Revsee A. Escobedo**, Undersecretary for Operations, entitled **Training for Guidance Counselors on Suicide Prevention (Capacity Building Program for Guidance Counselors Phase 2) on September 9-13, 2024 in Metro Manila** (exact venue shall be identified later).

In line with this, the Registered Guidance Counselors (RGCs) whose names are attached are requested to attend.

For confirmation of attendance, participants must register at bit.ly/CapBuildRGCsP2 on or before August 16, 2024. Further they are required to bring their own laptop, laptop charger and extension cord as completion of outputs will be accomplished in the venue.

Traveling and other incidental expenses shall be charged to local funds, program support funds under School Mental Health, school/division MOOE or other fund sources subject to the usual accounting and auditing rules and regulations.

Immediate and wide dissemination of this Memorandum is desired.

DEPARTMENT OF EDUCATION
RECORDS SECTION
RELEASED

ALLAN G. FARNAZO
Director IV

essd/hua

By: [Signature]
Date: Aug. 9, 2024
35876



Address: F. Torres St., Davao City (8000)
Telephone Nos.: (082) 291-1665; (082) 221-6147
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Effectivity	07.01.24	Page	2 of 2





Republic of the Philippines
Department of Education
DAVAO REGION

Office of the Regional Director

PARTICIPANTS IN THE TRAINING FOR GUIDANCE COUNSELORS ON
SUICIDE PREVENTION (CAPACITY BUILDING PROGRAM FOR
GUIDANCE COUNSELORS PHASE 2)
Metro Manila, September 9-13, 2024

NAre	Position	School	Division
1. Carillo, Melecare M.	GC III	Tagum City National High School	Tagum City
1. Cutin, Tresita T.	GC III	Davao City National High School	Davao City
2. Español, Shella T	GC II	Mintal Comprehensive HS	Davao City
4. Orosio, Junliet O.	GC III	Davao City National High School	Davao City
5. Paclibar, Maribel P.	GC II	Bernardo Carpio NHS	Davao City
6. Zapico, Jorge, Jr.	GC II	Catalunan Pequeño NHS	Davao City
7. Flores, Marilou B.	GC III	Los Amigos National HS	Davao City
8. Adlawan, Jazenn Jane C.	GC II	Tagakpan National High School	Davao City
9. Amodia, Michelle H.	GC II	Talomo National High School	Davao City
10. Caminade, Ma. Lourdes B.	GC II	Gorgonio Tajo Sr. NHS	Davao City
11. Efondo, Virginia P.	GC III	Davao City National High School	Davao City
12. Misterio, Nelyn H.	GC II	Calinan National High School	Davao City
13. Tampipi, Annalou L.	GC III	Hagonoy National High School	Davao del Sur
14. Torres, Mae Laarni C.	GC III	Digos City National HS	Digos City
15. Orge, Divina P.	GC II	Senior HS in Digos City	Digos City
16. Cinco, Maricel L.	GC II	IGACOS	IGACOS
17. Besas-Capina, Vivian D.	GC II	Mati National CHS	Mati City
18. Abastillas, Gladys L.	GC II	Tagum City NCHS	Tagum City
19. Balaguer, Reynz Edda C.	GC II	Tagum City HS	Tagum City
20. Genovia, Shirley C.	GC III	Jose Tuazon Memorial NHS	Tagum City
21. Pintac, Carmencita T.	GC II	Tagum National Trade School	Tagum City
22. Santos, Eversweet R.	GC III	Laureta National High School	Tagum City
23. Lupiba, Ivan H.	GC III	Tagum City NHS	Tagum City

-nothing follows-



Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

DEPARTMENT OF EDUCATION
RECORDS SECTION

RECEIVED

By: 35876
Date: 8-6-24 Time: 3:19

MEMORANDUM
OM-OUOPS-2024-09-0895

TO : REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
HUMAN RESOURCE DEVELOPMENT DIVISION CHIEFS
NEAP-R FOCAL PERSONS
ALL OTHERS CONCERNED

FROM : WILFREDO E. CABRAL
Regional Director
OIC, Office of the Undersecretary for Human Resource and Organizational Development

ATTY. REVSEE A. ESCOBEDO
Undersecretary for Operations

SUBJECT : TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE PREVENTION (CAPACITY BUILDING PROGRAM FOR GUIDANCE COUNSELORS PHASE 2)

DATE : July 17, 2024

1. In accordance with RA 11036 *Mental Health Act*, the Department of Education (DepEd) shall pursue strategies that promote the realization of mental health and well-being in educational institutions. Further, DepEd shall guide the schools in providing support and services for learners at risk, and facilitating access of learners to treatment and psychosocial support.
2. Pursuant to RA 11713 *Excellence in Teacher Education Act of 2021*, DepEd through the National Educators Academy of the Philippines (NEAP) is mandated to provide quality professional development programs to teachers, school leaders, and other teaching-related personnel.
3. Contributing to the Department's Basic Education Development Plan 2030, particularly its strategy of nurturing and protecting learners' mental and psychosocial health, the NEAP conducted Phase 1 of the Capacity Building Program for Guidance Counselors. It consisted of six batches, which ran from the 4th quarter of 2023 to the 1st quarter of 2024.



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4. To capacitate the guidance counselors who have not yet attended the said training, the Bureau of Learner Support Services (BLSS) and NEAP, in partnership with the Unilab Foundation, will conduct a **Training for Guidance Counselors on Suicide Prevention (Capacity Building Program for Guidance Counselors Phase 2)** to help them become effective gatekeepers in the school setting.
5. The program aims to:
- a. Recognize risk factors and warning signs that may indicate a learners' need for mental health support.
 - b. Demonstrate understanding on utilizing different techniques and tools to deliver counseling remotely and face-to-face.
 - c. Identify essential qualities, techniques, and ethical considerations relevant to the roles of guidance counselor and counseling supervision in suicide prevention and mental health support.
6. The Training for Guidance Counselors on Suicide Prevention (Capacity-Building Program for Guidance Counselors Phase 2) will be conducted from **September 9-13, 2024**, within Metro Manila.
7. The Training will be attended by RGCs assigned in schools who are occupying Guidance Counselor Plantilla items and duly Registered Guidance Counselor (RGC) assigned to the Schools Division Offices (SDOs) and Regional Offices (ROs) who are serving as focal persons. In line with DM-OUHROD-2024-0463, the identified participants are listed in **Annex A**. The program matrix for the Training is attached as **Annex B**.
8. For confirmation of attendance, all Training participants must register on this link: bit.ly/CapBuildRGCsP2 on or before **August 16, 2024, Friday**.
9. The costs of the board and lodging of the participants shall be charged against the BLSS-SHD FY 2024 LSP Continuing Funds. Meanwhile, the travel expenses of the participants may be charged to the School Mental Health Program Support Funds, which were downloaded to DepEd Regional Offices. Expenses incurred are subject to the usual accounting, budgeting, and auditing procedures.
10. Meals and accommodations are as follows:

MEALS	Day 1 (Mon)	Day 2 (Tues)	Day 3 (Wed)	Day 4 (Thurs)	Day 5 (Fri)
Breakfast		✓	✓	✓	✓
AM Snacks		✓	✓	✓	✓
Lunch	✓	✓	✓	✓	✓
PM Snacks	✓	✓	✓	✓	
Dinner	✓	✓	✓	✓	

11. For the conduct of the aforementioned activities that will fall on weekends and holidays, the Regional Office and/or Schools Division Office is requested to provide Compensatory Time-Off (CTO) to the participants to compensate for time rendered that is supposed to be for personal use and rest.

12. All participants are required to bring their own laptop, laptop charger and extension cord as completion of outputs will be accomplished in the venue. Please be reminded as well to bring maintenance medications if you have any.
13. Attached to this memorandum are the following:
- Annex A: List of Participants
 - Annex B: Program Matrix
14. Should you have further questions or clarifications, please contact **Ms. Carmella Mergenio, Rpm** of BLSS-SHD (02 8632-9935 | carmella.mergenio@deped.gov.ph) or **Ms. Millie Jane Fudolig, RGC, Rpm** of NEAP-PDD (02 8715-9919 | millie.fudolig@deped.gov.ph).
15. Immediate dissemination of and appropriate action on this memorandum is desired.

LIST OF PARTICIPANTS

I. Program Management Team

OFFICE	NAME	POSITION
BLSS-SHD	Dr. Ann P. Quizon	Supervising Health Program Officer
BLSS-SHD	Carmella Joyce L. Mergenio	Technical Assistant II
BLSS-SHD	Jordan P. Concepcion	Technical Assistant II
BLSS-SHD	Amina Aisa H. Boncales	Technical Assistant II
BLSS-SHD	Belle Beatrice D. Hombrebueno	Technical Assistant II
BLSS-SHD	Jon Jovi Osdaña	Technical Assistant II
BLSS-SHD	Shirley T. Laurel	Administrative Assistant II
NEAP-PDD	Millie Jane T. Fudolig	Senior Education Program Specialist
NEAP-PDD	Fleura Karina C. Lorenzo	Technical Assistant II
NEAP-PDD	2 representatives	TBD
NEAP QAD	1 representative	TBD

II. Core Team

ORGANIZATION / OFFICE / REGION	NAME	POSITION
I	Annabella G. Dingwasen	Guidance Counselor III
I	Sheridan Manamtam	Guidance Counselor III
II	Ma. Katleen Maye A. Haban	Guidance Counselor III
III	Airene P. Dayrit	Guidance Coordinator
III	Julie E. Dangan	Guidance Counselor III
III	Maria Niña M. Mariñas	Guidance Counselor II
IV-A	Riessa Leah B. Gonzales	Guidance Counselor III
IV-A	Sheena Wella G. Arguelles	Guidance Coordinator III
IV-B	Floyd A. Socrates	Guidance Counselor III
V	Kurt Essa A. Rastrullo	Guidance Counselor II
VI	Kareen B. Arcenas	Guidance Counselor III
VII	Charles Mathew T. Japitan	Guidance Counselor II
VII	Junides O. Aro	Guidance Counselor II
VII	Kathleen D. Omoso	Guidance Service Specialist I
VII	Nerizza Conie E. Camacho	Guidance Counselor III
VII	Nicah Maan C. Acojido	Guidance Service Specialist I
VIII	Julienne Rose P. Saballa	Guidance Coordinator III
IX	Mark Risty S. Tan-awon	Guidance Counselor I

X	Joan B. Cañeda	Guidance Coordinator III
XI	Melecare M. Carrillo	Guidance Counselor III
XII	Ryan A. Betoya	Guidance Counselor II
CARAGA	Generuth M. Bagaforo	Guidance Counselor II
CAR	Doddie Marie L. Duclan	Education Program Supervisor
NCR	Harlene Rose V. Mamiit	Guidance Coordinator I
NCR	Maria Laarni Carla C. Paranis	EPS

III. Participants

REGION	NAME	POSITION
Region I	Biagtan, Maria Amor Vena	Guidance Coordinator III
Region I	Flores, Maria Lourdes A.	Guidance Counselor III
Region I	Mabanag, Bianca Katrina, R.	Guidance Coordinator III
Region I	Manamtam, Sheridan S.	Guidance Counselor III
Region I	Navarro, Rowena P.	Guidance Counselor III
Region I	Tacdol, Nika Paula P.	Guidance Counselor III
Region I	Volante, Donna A	Guidance Counselor III
Region II	Acupan, Harlene	Guidance Counselor III
Region II	Conde, Ligaya A.	Guidance Counselor III
Region II	Cumigad, Neil	Guidance Coordinator III
Region II	Haban, Ma. Katleen Maye A.	Guidance Counselor III
Region II	Lazaro, Ronalyn R.	Guidance Counselor III
Region II	Maguigad, Ana Riza Padua	Guidance Counselor III
Region II	Palattao, Fely Ann A.	Guidance Counselor III
Region II	Ramos, Vilma S.	Guidance Counselor III
Region II	Rodriguez, Judy Ann Mila S.	Guidance Counselor III
Region II	Troyo, Maida V.	Guidance Counselor III
Region II	Vergara, Leilani Ruadap	Guidance Counselor III
Region II	Villar, Avon Grace, T.	Guidance Counselor II
Region III	Adriano, Gay S.	Guidance Coordinator II
Region III	Ajose, Rowena DR.	Guidance Counselor III
Region III	Asor, Gina A.	Guidance Counselor II
Region III	Aujero, Maan C.	Guidance Counselor III
Region III	Bernabe, Andrea F.	Guidance Coordinator I
Region III	Calma, Annalyn P.	Guidance Counselor III
Region III	Centeno, Rosalyn Q.	Guidance Coordinator I
Region III	Cruz, Maribel M.	Guidance Coordinator I
Region III	Dangan, Julie E.	Guidance Counselor III
Region III	De Jesus, Nelly M.	Guidance Counselor II
Region III	Dionisio, Crissalyn Joy A.	Guidance Counselor II
Region III	Ibe, Carolina B.	Guidance Counselor III
Region III	Itas, Danilo D.	Guidance Counselor II

Region III	Legaspi, Hazel Karren Z.	Guidance Counselor II
Region III	Maderas, April M.	Guidance Counselor III
Region III	Maninang, Joana M.	Guidance Counselor III
Region III	Manuel, Aurora M.	Guidance Counselor III
Region III	Maranan, Shiela S.	Guidance Counselor III
Region III	Medina, Liza Marie Z.	Guidance Counselor III
Region III	Mendoza, Annabelle M.	Guidance Counselor III
Region III	Mendoza, Emita R.	Guidance Counselor II
Region III	Merenciano, Regina M.	Guidance Counselor I
Region III	Perona, Amorfil G.	Guidance Counselor III
Region III	Ramos, Anita S.	Guidance Counselor II
Region III	Sabiano, Ryan M.	Guidance Counselor III
Region III	Sabino, Mary Jane S.	Guidance Counselor III
Region III	Simon, Donald G.	Guidance Counselor III
Region III	Singian Saturnino Ibon	Guidance Coordinator III
Region IV-A	Amurao, Jojo Arada	Guidance Counselor III
Region IV-A	Aquino, Jade Ann V.	Guidance Counselor III
Region IV-A	Borgoños-Pales, Mariz P.	Guidance Counselor III
Region IV-A	Cruz, April Joy P.	Guidance Counselor III
Region IV-A	De Vera, Vigiline A.	Guidance Counselor III
Region IV-A	Gan, Rio G.	Guidance Counselor III
Region IV-A	Lanorio, Ela L.	Guidance Counselor III
Region IV-A	Manalo, Ronalyn F.	Guidance Counselor III
Region IV-A	Mapalad, Mitchel S.	Guidance Counselor III
Region IV-A	Portes, Sarah Catrina D.	Guidance Counselor II
Region IV-A	Teodoro, Cheryl Delos Santos	Guidance Counselor III
Region IV-A	Tibayan, Earl Sanderson G.	Guidance Counselor III
Region IV-B	Manalo, Dyna P.	Guidance Counselor II
Region IV-B	Montes, Vivien C.	Guidance Counselor I
Region V	Alcantara, Romela A.	Guidance Counselor II
Region V	Ancheta, Mary Porteria H.	Guidance Counselor II
Region V	Asido, Rhodalyn P.	Guidance Counselor II
Region V	Barretto, Rhoderick M.	District Guidance Coordinator
Region V	Basilla, Marites C.	Guidance Counselor III
Region V	Bayrante, Rose Angeline V.	Guidance Counselor III
Region V	Boncacas, Desiree O.	Guidance Counselor III
Region V	Buena, Teresa V.	Guidance Counselor III
Region V	Cacatian, Jemima E.	Guidance Counselor II
Region V	Capistrano, Ramonicka G.	Guidance Counselor II
Region V	Cuña-San Buenaventura, Remilyn Camila	Guidance Counselor III
Region V	Estrella, Mercy C.	Guidance Counselor II
Region V	Imperial, Renelyn N.	Guidance Counselor II

Region V	Laganson, Ma. Cecilia L.	Guidance Counselor I
Region V	Lorca, Johnly B.	Guidance Counselor II
Region V	Lorca, Monica M.	Guidance Counselor II
Region V	Mago, Marie Arizapa	Guidance Counselor I
Region V	Malano, Berne Garcia	Guidance Counselor II
Region V	Perez, Maria Victoria D.	Guidance Counselor III
Region V	Marzan, Edilyn R.	Guidance Counselor II
Region V	Narido, Babylyn M.	Guidance Counselor II
Region V	Pacardo, Sheenelyn P.	Guidance Counselor II
Region V	Sanchez, Rossel B.	Guidance Counselor II
Region V	Sernande, Rolando B.	Guidance Counselor II
Region V	Silos, Melvin A.	Guidance Counselor II
Region V	Sinfuego, Joy D.	Guidance Counselor II
Region V	Soltes, Junecel O.	Guidance Counselor II
Region V	Villezar, Jennette F.	Guidance Counselor II
Region VI	Alindog, Jenelyn D.	Guidance Counselor I
Region VI	Andrada, Ruby Rose V.	Guidance Counselor III
Region VI	Bolivar, Ma. Jobelle Lorraine P.	Guidance Counselor I
Region VI	Botalon, Jeff Russel S.	Guidance Counselor II
Region VI	Delfin, Junenelyn Grace C.	Guidance Counselor III
Region VI	Deramas, Emzee Mae M.	Guidance Counselor III
Region VI	Fuentes, Madel M.	Guidance Counselor III
Region VI	Gibraltar, Jemma A.	Guidance Counselor III
Region VI	Harder, Gladys B.	Guidance Counselor III
Region VI	Junco, Anelene A.	Guidance Counselor III
Region VI	Lao, Kristien Leyn A.	Guidance Counselor III
Region VI	Lopez, Jonna I.	Guidance Counselor III
Region VI	Magbanua, Claire B.	Guidance Counselor III
Region VI	Molina, Maria Elena D.	Guidance Coordinator III
Region VI	Pambo, Elizabeth A.	Guidance Counselor III
Region VI	Ramos, Emelyn Bandada	Guidance Counselor III
Region VI	Sevillo, Jackson Ray S.	Guidance Counselor III
Region VII	Alqueza, Summer R.	Guidance Counselor II
Region VII	Ay-Ad, Vina Rose Daquipil	Guidance Counselor II
Region VII	Bagolor, Fiel Angelie, P.	Guidance Counselor II
Region VII	Basnillo, Jocelyn S.	Guidance Counselor II
Region VII	Cabacog, Pete M.	Guidance Counselor II
Region VII	Casipong, Loviemer S.	Guidance Counselor II
Region VII	Espina, Maricille M.	Guidance Counselor II
Region VII	Famulagan, Mae A.	Guidance Counselor II
Region VII	Gaborno, Irene H.	Guidance Counselor II
Region VII	Lacaba, Renelda B.	Guidance Coordinator III
Region VII	Lavadia, Genevieve M.	Guidance Counselor II

Region VII	Lopez, Ma. Cecilia P.	Guidance Counselor II
Region VII	Olandria, Eden Joy P.	Guidance Counselor II
Region VII	Partosa, Rosyl Geraldine M.	Guidance Services Specialist II
Region VII	Rebecca, Sharon S.	Guidance Counselor II
Region VII	Tajantajan, Marianne R.	Guidance Counselor II
Region VII	Vallecer, Flordeliza A.	Guidance Counselor II
Region VII	Ybanez, Krisa M.	Guidance Counselor II
Region VIII	Canillas, Leonita G.	Guidance Coordinator I
Region VIII	Gallego, Alexander A.	Guidance Counselor II
Region VIII	Mantilla, Laarni Concordia A.	Guidance Counselor III
Region VIII	Sison, Kristine Cyrelle Mae V.	Guidance Counselor I
Region IX	Abenes, Annelyn B.	Guidance Counselor III
Region IX	Antes, Harold, T.	Guidance Counselor III
Region IX	Astillero, Ronaldo, F.	Guidance Counselor II
Region IX	Caguimbay, Noniel L.	Guidance Counselor II
Region IX	Dandoy, Phoebe Jean Sugabo	Guidance Counselor II
Region IX	Embol, Faith Mikee J.	Guidance Counselor II
Region IX	Guinea, Jinky Marie R.	Guidance Counselor II
Region IX	Kuizon, Merelie B.	Guidance Counselor II
Region IX	Lumbay, Chique Cherry C.	Guidance Counselor II
Region IX	Omamalin, Marrielle Joshua V.	Guidance Counselor II
Region IX	Pacatang, Cristy Ross A.	Guidance Counselor II
Region IX	Rosales, Heather M.	Guidance Counselor III
Region IX	Tomboc, Daryl A.	Guidance Counselor II
Region X	Dando, Xeniah Caryl C.	Guidance Coordinator III
Region X	Fresnido, Angelita J.	Guidance Counselor I
Region X	Gallardo, Maricris, T.	Guidance Counselor I
Region X	Generaole, Libly T.	Guidance Counselor I
Region X	Macarayo, Al Francis L.	Guidance Counselor III
Region X	Macarayo, Melody D.	Guidance Counselor III
Region X	Monero, Christina E	Guidance Coordinator III
Region X	Monoy, Girlie S.	Guidance Coordinator III
Region X	Octaviano, Catherine V.	Guidance Counselor II
Region X	Quiapo, Frances Joan L.	Guidance Counselor III
Region X	Sanson, Riza June M.	Guidance Counselor III
Region X	Santos, Raquel C.	Guidance Counselor I
Region X	Vergara, Evangelyn P.	Guidance Counselor II
Region XI	Abastillas, Gladys L.	Guidance Counselor II
Region XI	Adlawan, Jazenn Jane A.	Guidance Counselor II
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Region XI	Carredo, Nenita L.	Guidance Counselor III

Region XI	Carrillo, Melecare M.	Guidance Counselor III
Region XI	Cuizon, Sharon Rose O.	Guidance Counselor III
Region XI	Cutin, Tresita T.	Guidance Counselor III
Region XI	Dosol, Juliet Siva	Guidance Coordinator III
Region XI	Efondo, Virginia P.	Guidance Counselor III
Region XI	Español, Shella T.	Guidance Counselor II
Region XI	Gamutan, Lera Jo G.	Guidance Counselor II
Region XI	Genovia, Shirley C.	Guidance Counselor III
Region XI	Misterio, Nelyn H.	Guidance Counselor II
Region XI	Olandria, Jocelyn	Guidance Counselor III
Region XI	Paclibar, Maribel P.	Guidance Counselor II
Region XI	Padernilla, Auvei A.	Guidance Counselor III
Region XI	Pintac, Carmencita Tamula	Guidance Counselor II
Region XI	Santos, Eversweet R.	Guidance Counselor III
Region XI	Tampipi, Annalou L.	Guidance Counselor III
Region XI	Torres, Mae Laarni	Guidance Counselor III
Region XI	Villanueva, Marilou J.	Guidance Coordinator I
Region XI	Zafico, Jorge Jr G.	Guidance Counselor II
Region XII	Bautista, Leah C.	Guidance Counselor II
Region XII	Cabais, Maria Arriem C.	Guidance Counselor III
Region XII	Fernando, John Karl D.	Guidance Coordinator I
Region XII	Gabrido, Suzzane D.	Guidance Counselor III
Region XII	Gajo, Mary Frettie S.	Guidance Counselor II
Region XII	Lumaad, Jovencio Carbonilla	Guidance Counselor II
Caraga	Asis, Herlyn D.	Guidance Counselor II
Caraga	Caballero, Nancy N.	Guidance Counselor II
Caraga	Cullamat, Ivy Jane T.	Guidance Counselor I
Caraga	Ducena, Gil G.	Guidance Counselor III
Caraga	Tuazon, Roxanne May	Guidance Counselor II
CAR	Ananayo, Randolph M.	Guidance Counselor II
CAR	Andres, Ma. Danica P.	Guidance Counselor II
CAR	Aquino-Jimenez, Mayclaire	Project Development Officer IV
CAR	Balanon, Rhodelia J.	Guidance Counselor III
CAR	Balneg, Jestoni B.	Education Program Specialist
CAR	Base, Agapita K.	Guidance Counselor II
CAR	Belgica, Maribel T.	Guidance Counselor III
CAR	Budo, Eunice D.	Guidance Counselor III
CAR	Calixto, Nikki C.	Guidance Counselor III
CAR	Dolnagon, Tina C.	Guidance Counselor III
CAR	Fetiza, Jocelyn J.	Guidance Counselor III
CAR	Lesino, Estefany D.	Guidance Counselor III
CAR	Maria Trinidad M. Panglao	Guidance Counselor III
CAR	Matias, Brenda M.	Guidance Counselor III

CAR	Tabcao, Janine Angelica Sagasag	Guidance Counselor III
NCR	Aguinaldo, Cleopatra Daisy T.	Guidance Counselor II
NCR	Alejandre Lorena R.	Guidance Counselor III
NCR	Ampo, Kim G.	Guidance Counselor III
NCR	Castillo, Lorena Maria D.	Guidance Counselor II
NCR	Correa, Darryl C.	Guidance Counselor I
NCR	Daga, Maria Emma T.	Guidance Counselor III
NCR	Din, Jesusa V.	Guidance Counselor III
NCR	Gara, Aleen Chan	Guidance Counselor I
NCR	Joson, Rhia C.	Guidance Counselor III
NCR	Rodriguez, Ma. Lovenia H.	Guidance Counselor I
NCR	Samantila, Elvira G.	Guidance Counselor III

PROGRAM MATRIX

CAPACITY BUILDING FOR GUIDANCE COUNSELORS
(TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE PREVENTION)

TIME	ACTIVITY
DAY 0 (SUNDAY)	
-	Arrival of Program Management Team (PMT), Core Team, and Resource Persons
1:00 PM – 5:00 PM	Pre-activity preparations
DAY 1 (MONDAY)	
8:00 AM – 10:00 AM	Orientation for the Core Team
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	Continuation of the Orientation for the Core Team
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:00 PM	Registration of Participants
2:00 PM – 3:00 PM	Opening Program • National Anthem • Ecumenical Prayer • DepEd QPS • Welcome Remarks • Introduction of Participants • Photo Documentation • Session Norms
3:00 PM – 3:30 PM	Health Break
3:30 PM – 4:00 PM	Program Overview
4:00 PM – 4:30 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 2 (TUESDAY)	
8:00 AM – 8:30 AM	Management of Learning • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms
8:30 AM – 10:00 AM	SESSION 1 Module 1: Basic Skills for All Personnel Suicide in the School
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	Continuation of Suicide in the School
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:30 PM	SESSION 2 How to RACE Against Suicide
2:30 PM – 3:00 PM	Health Break

3:00 PM – 4:00 PM	Continuation of How to RACE Against Suicide
4:00 PM – 4:30 PM	Case Simulation
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 3 (WEDNESDAY)	
8:00 AM – 8:30 AM	Management of Learning • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms
8:30 AM – 10:00 AM	SESSION 3 Module 2 Suicide Intervention
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	Continuation of Suicide Intervention
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:30 PM	SESSION 4 Basic Counseling Techniques
2:30 PM – 3:00 PM	Health Break
3:00 PM – 4:30 PM	SESSION 5 Self-Care
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 4 (THURSDAY)	
8:00 AM – 8:30 AM	Management of Learning • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms
8:30 AM – 10:00 AM	SESSION 6 Referral System
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 AM	Continuation of Referral System
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:00 PM	WORKSHOP 7 Professional Counseling Supervision
2:00 PM – 3:00 PM	Simulation and Feedback of Counselor Supervision
3:00 PM – 3:30 PM	Health Break
3:30 PM – 4:30 PM	Continuation of Simulation and Feedback of Counselor Supervision
4:30 PM – 5:00 PM	End-of-day Evaluation and Clearing House / Other Reminders
DAY 5 (FRIDAY)	
8:00 AM – 8:30 AM	Management of Learning • Leveling of Expectations • Program Objectives

	• Program Matrix • Session Norms
8:30 AM – 10:00 AM	WORKSHOP 8 Introduction of Program Development and Crafting of Guidance Program
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	Presentation and Feedback of Guidance Program and Plan
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:00 PM	Closing Program